

Samoa

Helpline 1: 32000

Website: [HTTP://SAMOALIFELINE.ORG/](http://SAMOALIFELINE.ORG/)

Faataua Le Ola (Samoa Lifeline)

Call: 800-5433

Faataua Le Ola (Samoa Lifeline) offers 24/7, free and confidential support and information over phone. We are here to help everyone in Samoa who may be struggling or looking for support with abuse & domestic violence, anxiety, bullying, Dementia & Alzheimer's, depression, eating & body image, family issues, gambling, gender & sexual identity, grief & loss, loneliness, parenting, pregnancy & abortion, relationships, school or work issues, self-harm, sexual abuse, stress, substance use, suicide, supporting a friend or family member, trauma & PTSD.