Cyprus:

Emergency: 112 Suicide Hotline: 8000 7773

Cyprus

Helpline 1: +357 77 77 72 67

Helpline 2: 0809 1122

Military 2345

Website: WWW.CYPRUSSAMARITANS.ORG

Hope for Children Helpline 1466

Tell: 1466

The Hope for children helpline 1466 provides support to children facing any type of abuse and neglect such as bullying, physical or sexual abuse, cyberbullying, grooming etc., and to parents seeking guidance on issues related to their children. It operates 24-hours a day, 365 days a year, without any charge. When you contact the helpline, you will talk with specialized staff including psychologists, social workers and lawyers, depending on your needs. Hope For Children, aiming to apply a multi-disciplinary and individualized approach, employs 95 full-time staff with various backgrounds, specialized on child protection matters.

<u>116000</u>

116000 offers 24/7, free, compassionate and confidential support by phone. We support children in Cyprus who may require support with abuse & domestic violence, anxiety, bullying, Dementia & Alzheimer's, depression, eating & body image, family issues, gambling, gender & sexual identity, grief & loss, loneliness, parenting, pregnancy & abortion, relationships, school or work issues, self-harm, sexual abuse, stress, substance use, suicide, supporting a friend or family member, physical illness, trauma & PTSD.

Cyprus Samaritans

Tell: 8000 7773

Our mission is to provide confidential emotional support to those who are feeling distressed, lonely or unable to cope, who would like someone to listen to them without being critical or judgemental. Our trained volunteers provide listening and face to face support from our Centres in Paphos and Limassol. Our Charity shops cover the bulk of our income; the funds we need to sustain our service. Volunteers work in the two Paphos shops and the one in Limassol.

Association for the Prevention and Handling of Violence in the Family (APHVF)

Helpline 1440

Chat: 003-57-99-984042

Online Chat

 $\Lambda \ \epsilon \ \iota \ \tau \ o \ v \ \rho \ \gamma \ \epsilon \ \iota \ 24/7$. Καθένας μπορεί να επικοινωνήσει με γραμμές βοήθειας για να λάβει πληροφορίες σχετικά με την ενδοοικογενειακή και έμφυλη βία. Παρεχόμενες υπηρεσίες: πληροφορίες για δικαιώματα, και επιλογές προς θύματα, αναλόγως αναγκών· υποστήριξη και συμβ $o \ v \ \lambda \ \epsilon \ v \ \tau \ \iota \ \kappa \ \eta \cdot$ συνεργασία με άλλες σχετικές υπηρεσίες· παραπομπές σε αρμόδιες υπηρεσίες και αναφορές στις Αρμόδιες Αρχές. Λειτουργούν ως πύλες εισόδου προς άλλες υπηρεσίες, π.χ. Καταφύγια, Συμβουλευτική, Πρόγραμμα Αυτό-ελέγχου.

English translation: It works 24/7. Anyone can contact helplines to get information about domestic and gender-based violence. Services provided: information on rights, and options for victims, depending on needs; support and counseling; cooperation with other relevant services; referrals to competent services and reports to the Competent Authorities. They act as gateways to other services, e.g. Shelters, Counseling, Self-Control Program.