


Ocean View Room

Click the activity name for more details!

TIME	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
08:00							
09:00	<u>YOGA</u>	<u>YOGA</u>	<u>YOGA</u>	<u>YOGA</u>	<u>YOGA</u>		
10:00						<u>Art Class</u>	
11:00	CLEANING						
12:00	<u>Activity</u>	<u>Activity</u>	<u>Activity</u>	<u>Activity</u>	<u>Balletone</u>		
13:00							
14:00							
15:00					<u>MONTHLY WORKSHOP</u>		
16:00							<u>Recurring Activity</u>
17:00	<u>YOGA</u>	<u>KENJUTSU</u>	<u>Recurring Activity</u>	<u>YOGA</u>	<u>HULA</u>		
18:00	<u>ZUMBA</u>	<u>CAPOERA</u>	<u>VIOLIN</u>	<u>CAPOERA</u>			
19:00			<u>ZUMBA</u>				
20:00							

Meeting Room

Click the activity name for more details!

TIME	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
08:00	KICK BOXING		Recurring Activity	Recurring Activity	Recurring Activity		
09:00							
10:00	CLEANING						
11:00						KIDS KICK BOXING	
12:00	HULA	OPEN MAT FOR EVERYONE	OPEN MAT FOR EVERYONE		BRAZILIAN BU JITSU		
13:00							
14:00						KICK BOXING	
15:00					Recurring Activity		OPEN MAT FOR EVERYONE
16:00				AIKIDO		Recurring Activity	
17:00	AIKIDO	KICK BOXING					
18:00			BRAZILIAN BU JITSU		KENJUTSU		
19:00	Balletone	Recurring Activity		IAIDO		KANG-FU	
20:00		Recurring Activity		Recurring Activity		Recurring Activity	

Plumeria Lounge

Click the activity name for more details!

TIME	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
08:00							
09:00					Recurring Activity		
10:00						<u>Sewing Class</u>	
11:00	CLEANING		CLEANING		CLEANING		
12:00							
13:00							
14:00							
15:00							
16:00		VIOLIN					
17:00							
18:00	Recurring Activity			<u>SANSHIN</u>			
19:00			TEEN NIGHT				
20:00							