

Burundi:

Emergency: [117](#)

[Human Health Aid Burundi](#)

Text: +25769776367

Call: +25769776367

Human Health Aid Burundi is a 24/7 helpline. We currently deliver programmes that benefit vulnerable people through emergency relief, physical and mental health, climate change resilience and early recovery, as well as development programmes that protect communities and improve the lives of some of the poorest families in Burundi and in Great Lakes Region.

[SOS FED - SOS Femmes en Detresse](#)

Call: 75-33-17-27

SOS FED - SOS Femmes en Detresse provides 24/7, free and confidential support by phone. We exist to help the LGBTQ+ community, women, men in Burundi who may be experiencing emotional distress related to abuse & domestic violence, anxiety, depression, family issues, gender & sexual identity, pregnancy & abortion, relationships, sexual abuse, stress, supporting a friend or family member, physical illness, trauma & PTSD.

[Yaga Ndakumva Child Helpline](#)

Call: 79916331

We are a private organisation, working with UNICEF, Child Helpline International and many partners for children protection. We provide service in: English, French and Kirundi.

Domestic & Sexual Violence

[Association pour la Santé des Communautés pour le Développement SACODÉ](#)

[25722279025](#)

[25775955250](#)

Police Emergency Line

[117](#)

Mental Health Conditions & Family Support

Human Health Aid-Burundi

[25775668879](tel:25775668879)

[25722235378](tel:25722235378)

We work with affected communities, especially children and women who suffer from anxiety, depression, trauma and other psychosocial consequences of their war experiences; to increase their access to mental health care and psychosocial support.

Youth & Parenting

[Help a Child -Burundi](tel:25722279830)

[25722279830](tel:25722279830)

[Œuvre Humanitaire pour la Protection et le Développement de l'Enfant en difficulté OPDE](tel:25779933643)

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The non-profit association called Œuvre Humanitaire pour la Protection et le Développement de l'Enfant en difficulté (OPDE) was born in September 1990 in Bujumbura (Burundi), to defend the rights of children in difficult situations.