

Bulgaria:

Emergency: [112](tel:112) Suicide Hotline: [0035 9249 17 223](tel:0035924917223)

[Национална телефонна линия за деца - National Telephone Line for Children](#)

Call: 116 111

The helpline is an opportunity for everyone – both children and caregivers to receive information, psychological support from a specialist or to report a child at risk.

[Animus Association Foundation](#)

Call: 02 981 76 86

This service is appropriate for women who live in a situation of violence, but are not ready to take steps towards change; women who have noticed the first signs of domestic violence and need consultation; women victims of violence who need assistance in making a decision. The Help-line has a database of specialized assistance that women can take advantage of when facing specific difficulties. In a crisis situation, following a recent occurrence of violence, the Help-line consultants develop a security plan and refer the client to the Crisis Unit or to another appropriate programme. Most of women call the Help-line after incidences of domestic violence, sexual violence, or trafficking in women. The Help-line also provides prevention information to young women planning to travel or work abroad, so they can avoid falling prey to traffickers

Алианс за защита от насилие, основано на пола – Alliance for Protection against Gender-Based Violence

Call: 0800 11 977