

Brazil:

Emergency: 188

Helpline: +55 51 211 2888

Helpline: Dial 100 (Direitos Humanos- Human Rights)

Centro de Valorização da Vida

Centro de Valorização da Vida is dedicated to providing 24/7, free, compassionate and confidential support by phone and online chat. We are here for everyone in Brazil who may need emotional support with anxiety, depression, grief & loss, loneliness, self-harm, stress, suicide, supporting a friend or family member.

Call 188

[JUNAAB Alcoólicos Anônimos do Brasil](#)

Call 55 11 3315-9333

A JUNAAB Alcoólicos Anônimos do Brasil fornece suporte e informações 24 horas por dia, 7 dias por semana, gratuitos e confidenciais por telefone e chat online. Existimos para ajudar as pessoas no Brasil que precisam de apoio com o uso de substâncias.

Ao entrar em contato conosco, você conversará com um de nossos conselheiros ou voluntários treinados, que o ouvirão com empatia e compreensão e trabalharão juntos para encontrar um caminho significativo a seguir. Eles são experientes em saber como ajudar as pessoas que têm desafios como o que você está passando. Qualquer pessoa pode entrar em contato conosco, independentemente de idade, sexo, etnia ou crenças religiosas. Reconhecemos que experiências difíceis de saúde mental ou crise podem acontecer a qualquer momento, por isso estamos disponíveis 24 horas por dia, todos os dias da semana.

English Translation: JUNAAB Alcoólicos Anônimos do Brasil provides 24/7, free and confidential support and information by phone and online chat. We exist to help people in Brazil who may require support with substance use.

When you reach out to us you will talk with one of our trained counselors or volunteers who will listen to you with empathy and understanding, and work together with you to find a meaningful way forward. They are experienced in knowing how to help people who have challenges like what you are going through. Anyone can contact us, regardless of age, gender, ethnicity or religious beliefs. We recognise that difficult mental health or crisis

experiences can happen at any time, so we are available 24 hours a day, every day of the week.

Linha de Ajuda Narcóticos Anônimos 132

Call 132

Suicide & Crisis Lines

AMA National Association

[90035191](tel:90035191)

Hospital de Pronto Socorro Largo Teodor Herzl S/NO Primeiro Andar

CVV Sao Paulo – National Association

[55 11 31514109](tel:551131514109)

Rua Herculano de Freitas 273 – Cerqueira César CERQUEIRA CESAR CEP 01308-020
Sao Paulo – SP

CVV – Belém

[\(91\) 3223-0074](tel:9132230074)

Rua Sem. Manoel Barata, 718 S/ 404 Ed. Infante de Sagres Bairro Campina CEP 66015-020 BELEM – PA

CVV – Belo Horizonte

[\(31\) 334-4111](tel:313344111)

Rua Des. Barcelos, 1286 CEP 30480-250 BELO HORIZONTE – MG

CVV – Cuiaba

[\(65\) 321 4111](tel:653214111)

Rua Comandante Costa 296 CEP 78025-200 CUIABÁ – MT

CVV – Rio de Janeiro

[\(21\) 233 9191](tel:212339191)

Rua Leandro Martins, 22/707 CEP 20080-070 RIO DE JANEIRO – RJ

CVV – Copacabana

[\(21\) 236 0536](tel:212360536)

Rua Xavier da Silveira, 120 CEP 22070-020 RIO DE JANEIRO – RJ

Aids / Sexual Health

GESTOS – HIV Positivity, Communication and Gender Issues

[\(81\) 3421-7670](tel:(81)3421-7670)

Alessandra Nilo, Coordinator Rua dos Médicos, 68- Boa Vista Recife/PE 50070-290 Brazil

The purpose of the organization is to improve the quality of life of people living with HIV/AIDS and to prevent the appearance of new HIV infections. Their work focuses on gender relations, sexual citizenship and communication working with women, teen-agers of Recife, mostly of poor communities. It also provides psychosocial interventions through mutual help groups and legal assistance for people living with HIV/AIDS.

Alcohol & Substance Abuse

Clínica Refal

[\(11\) 3814-3487](tel:(11)3814-3487)

Pinheiros R. Deputado Lacerda Franco 151 São Paulo – SP 05418-000 Brazil

Grupo Casoto

[\(11\) 94797-6909](tel:(11)94797-6909)

Av. Morumbi, 167 São Paulo – SP 05683-020 Brazil

Insight Clínica Psicológica Acupuncture, Psychologists, Rehabilitation Center

[\(11\) 2532-5076](tel:(11)2532-5076)

Saúde Av. Ceci, 2211 São Paulo – SP 04065-004 Brazil

Narconon Brazil

[011-5511- 4618-4858](tel:011-5511-4618-4858)

[011-5535-3433-2141](tel:011-5535-3433-2141)

The Psychosocial Attention Centre for Alcohol and Other Drugs

[55-11-4990-5294](tel:55-11-4990-5294)/ [55-11- 4992-3668](tel:55-11-4992-3668)

The Psychosocial Attention Centre for Alcohol and Other Drugs is a governmental organization that has successfully developed experience on community-based attention for alcohol and drug abuse. It serves the province of Santo André in Brazil and is considered a national reference in this field.

Domestic & Sexual Violence

Care Center for Women

Advice Line: 1-3277-4379

Care Center for Women

Advice Line: 67-367-7519

Care Center for Women and Children

Advice Line: 67-286-2585/ 67-286-1105

CAM Care Center for Women-Londrina

Advice Line: 43-3341-2312

CASA BETH LOBO

Advice Line: 11-4056-3322

Casa Da Mulher Bertha Lutz

HotLine for Women: 0800-23-0366

Casa Eliane de Grammont

Advice Line: 11-5549-0335

Casa Rosa Mulher

Advice Line: 68-3224-5117

Casa Sofia

Help Line: 0800-770-3053

CAVIV

Advice Line: 31-3277-9761

Centro de Apoio Renascer

Advice Line: 33-3212-0802

COMVIDA-Sao Paulo

24/7 Help Line: 11-3241-3328

Cuna Mbarete Care Center

SOS Hotline: 0800-671-236

Project Bem-me-quer

Advice Line: 11-3917-1513

Reference Center for Women

Advice Line: 79-259-2885

Reference Center for Women-Fortaleza

Help Hotline: 0800-280-0804

Reference Center for Victims of Domestic Violence-Maceio

Advice Line: 82-3315-5310

Shelter Maria Pizarro Aydee

Help Line: 21-2222-0681

SOS Center for Women

Advice Line: 28-9885-3130

Vem Maria

Advice Line: 11-4992-2963

Womens Violence Hotline Nationwide

Toll Free Violence: 1-8-0