

**Botswana:**

**Emergency: 911 Suicide Hotline: +2673911270**

**Botswana Suicide Hotline**

Botswana Suicide Hotline provides mental health support for people in Botswana who are in distress or is at risk of suicide.

Tel: 3911270/290

**Childline**

Tel: 3900 900

Tel: 116

Service supporting children who've experienced abuse or who are at risk; adults who've experience childhood abuse; adults at risk of abusing children and public and professionals to report suspected child abuse.

**Lifeline/FTMTB**

Lifeline/FTMTB offers a free and confidential counselling service to the Botswana communities.

Tel: 267 7552 7590

**National Counselling Line**

National Counselling Line offers 24-hour support for people in Botswana who are experiencing trauma, suicide, and relationship issues.

Tel: 0861 322 322

## **Mental Health Conditions & Family Support**

[Psych Matters BW](#)

[+267 311 7851](#)

[+267 73 487 900](#)

[+267 74 007 055](#)

Psych Matters provides Mental Health services in Clinical and Forensic Psychology to individuals and organizations.