

H₂:H versus Si:P. Similarities and Differences

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Atomic hydrogen inside solid H₂ films

Andreev and Lifshitz 1969

Sov. Phys. JETP 29, 1107

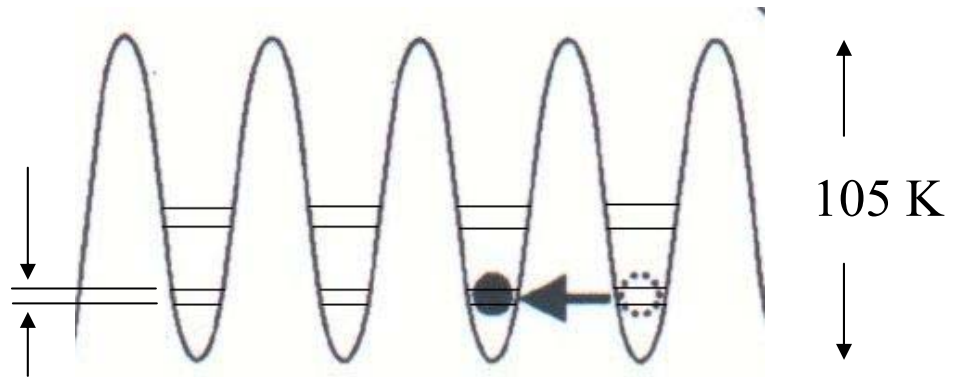
Delocalized Impuritons

$$\Delta \cdot \tau_{hop} \approx \hbar \quad \Delta = 10^{-3} - 10^{-1} \text{ K}$$

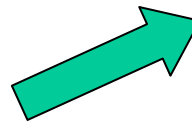
High energy storage

Quantum diffusion,
Bose-Einstein Condensation
Superfluid properties of solid

Quantum computing?



$$n_{\max} \approx 4 \times 10^{19} \text{ cm}^{-3} \text{ at } T < 0.1 \text{ K}$$



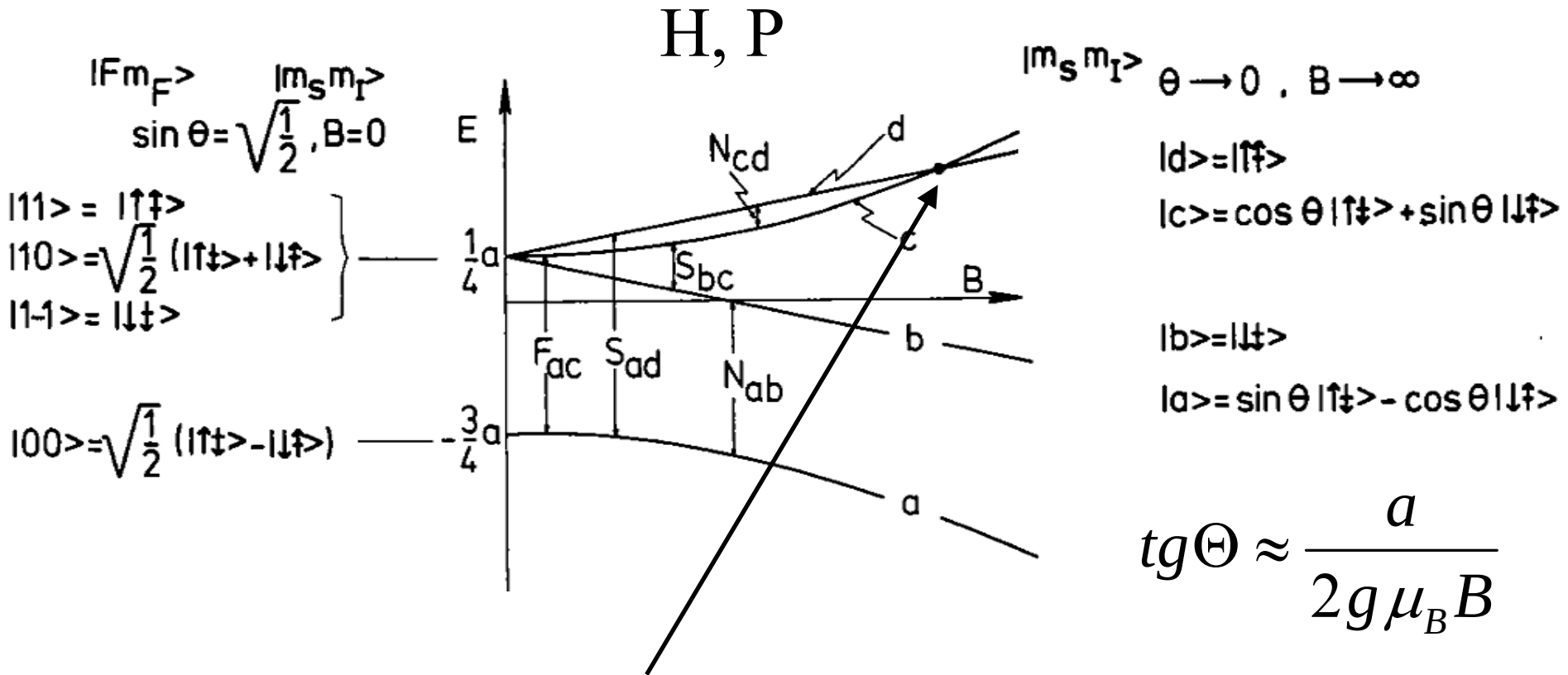
SUPERSOLID



METALLIC HYDROGEN

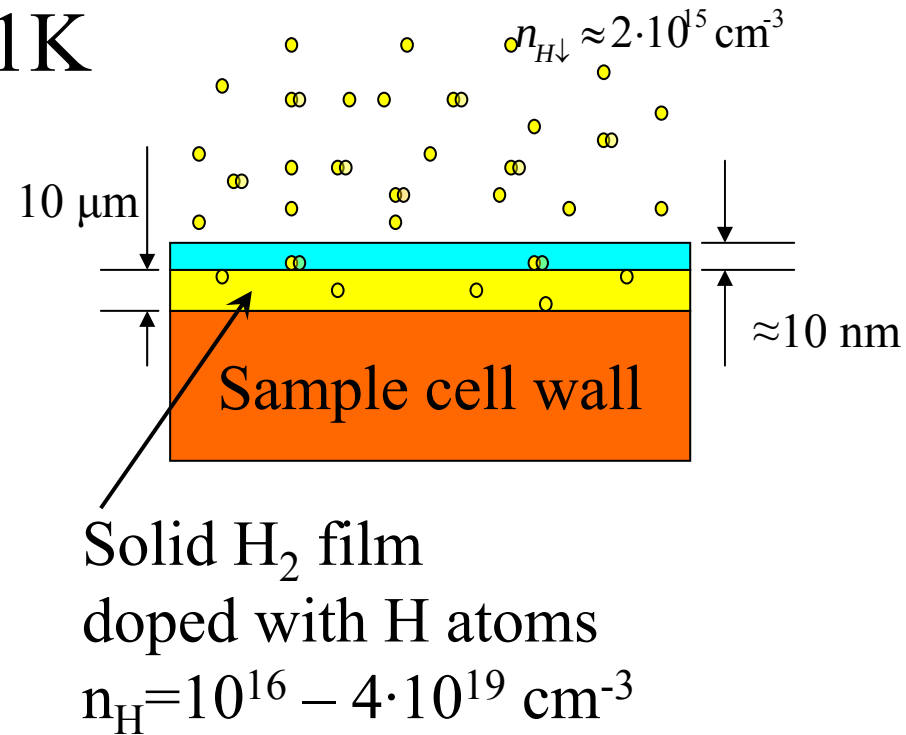
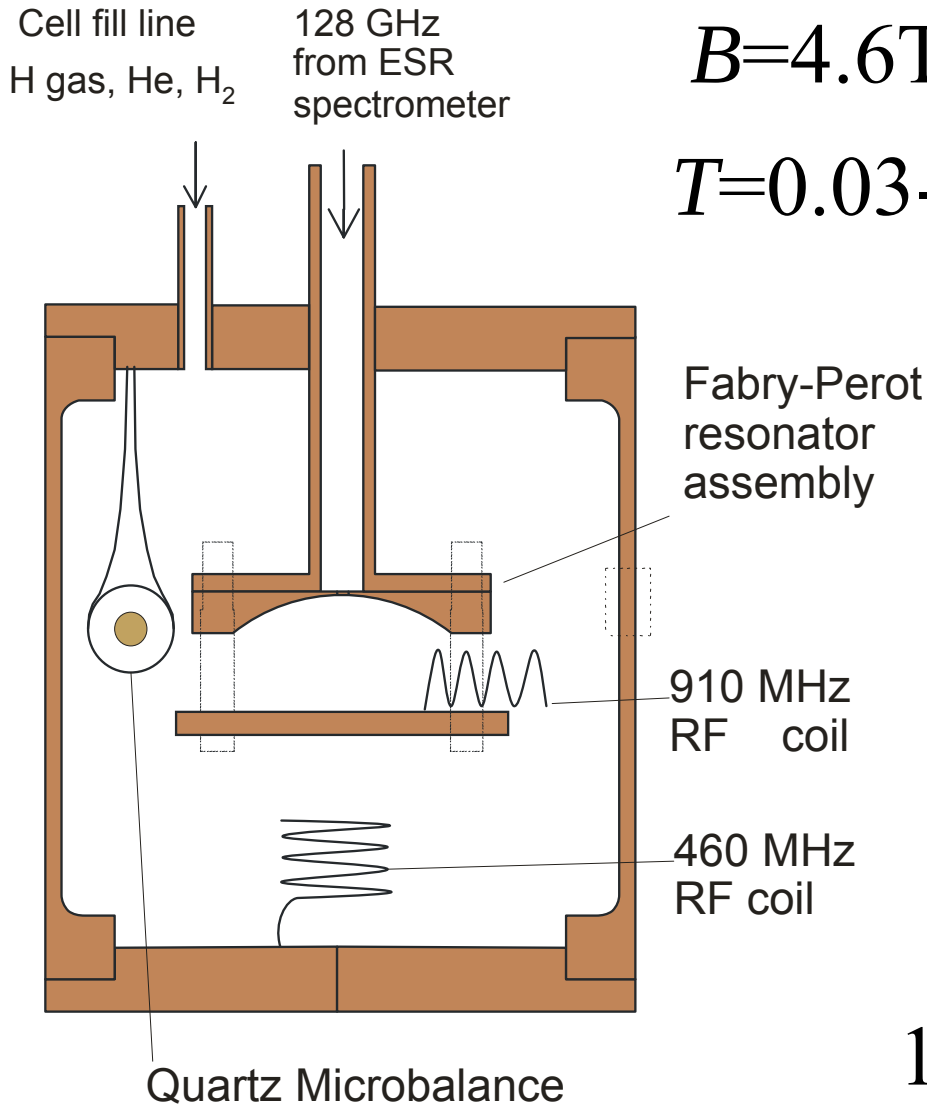
J. Ahokas, J. Järvinen, V.V. Khmelenko, D.M. Lee, and S. Vasiliev:
Exotic Behavior of Hydrogen Atoms in Solid H₂ at Temperatures below 1 K.
Phys. Rev. Lett. **97**, 095301 (2006)

Hyperfine level diagram for H-like atoms with isotropic hyperfine interaction



Level crossing for H is at 16.7 T, $\Theta^2 \sim 2.5 \times 10^{-5}$
 for Si:P-at 3.34 T, $\Theta^2 \sim 1.6 \times 10^{-7}$

Experimental setup



128 GHz ESR, ENDOR

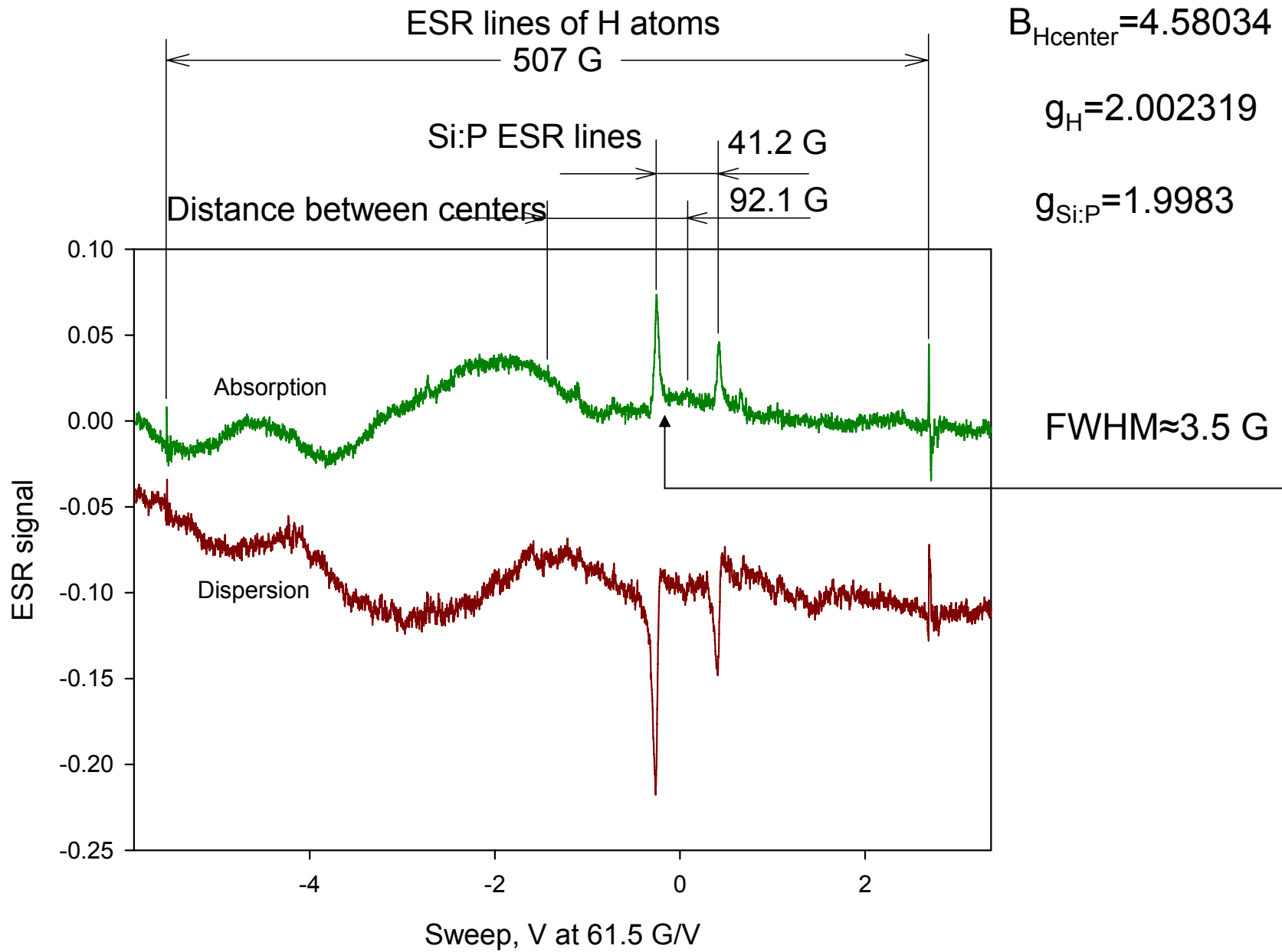
ESR spectrum of H and Si:P at 0.15 K

$$f_{\text{ESR}} = 128.50999 \text{ GHz}$$

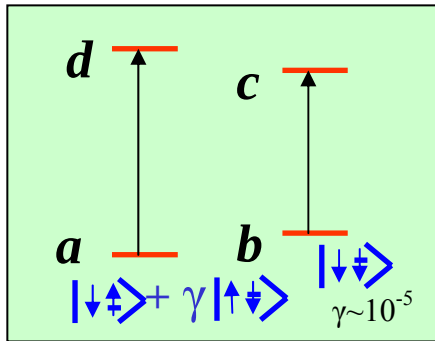
$$B_{\text{Hcenter}} = 4.58034 \text{ T}$$

$$g_{\text{H}} = 2.002319$$

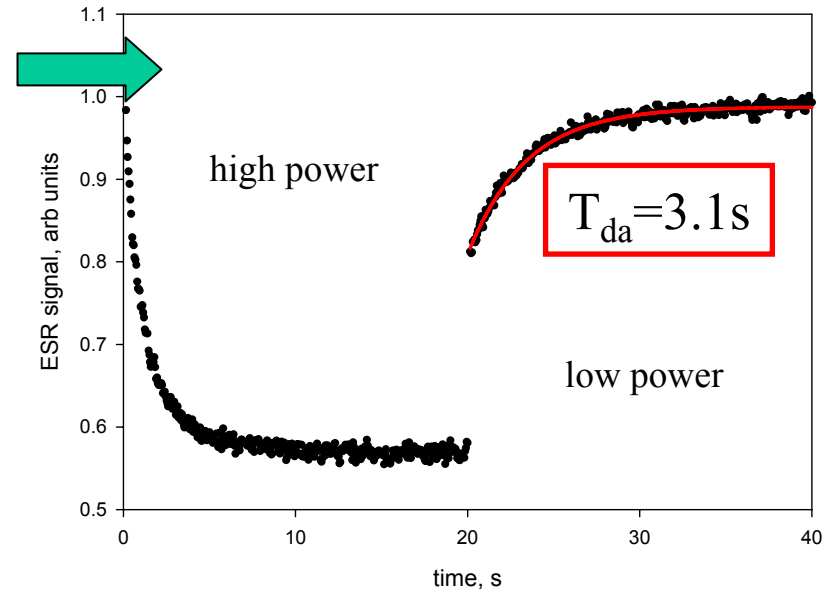
$$g_{\text{Si:P}} = 1.9983$$



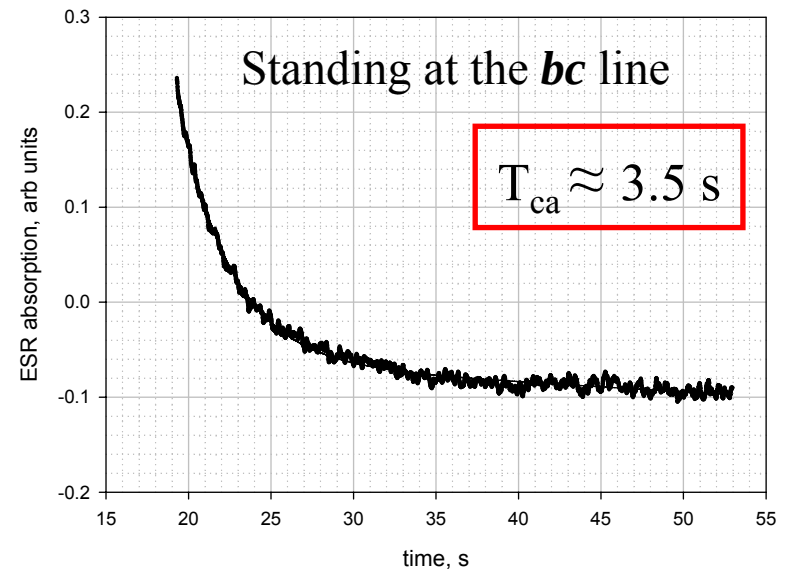
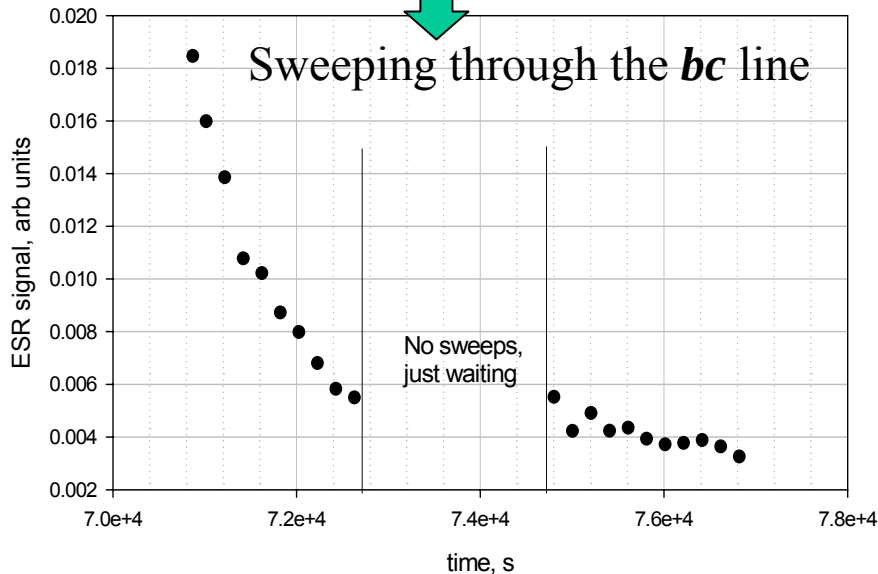
T_1 Relaxation of ESR transitions



a - d transition,
 $T=150$ mK

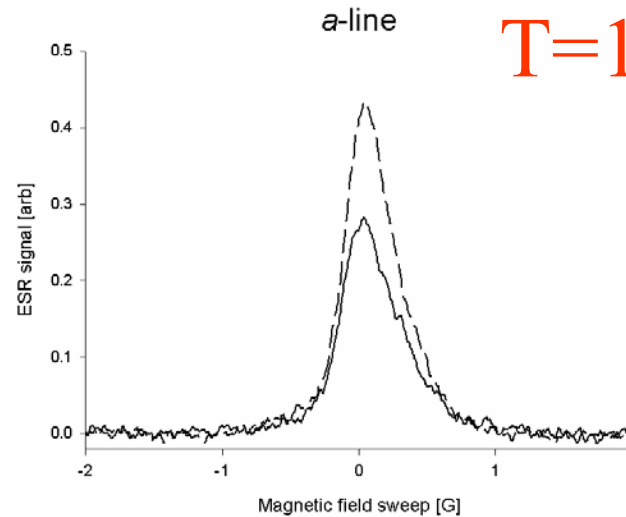
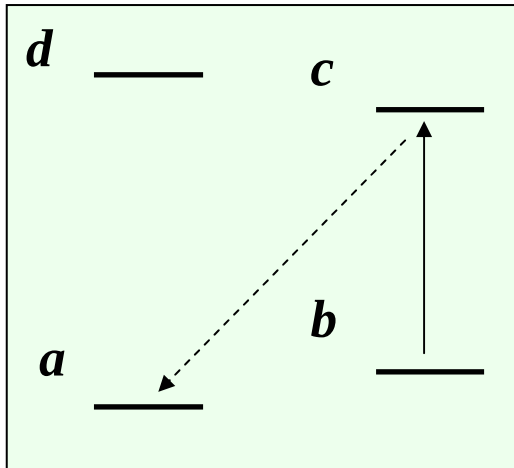


b - c transition, $T=150$ mK

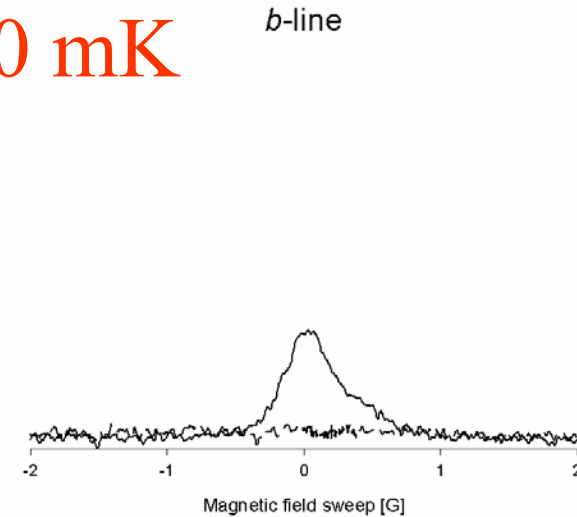


Dynamic nuclear polarization

Overhauser effect



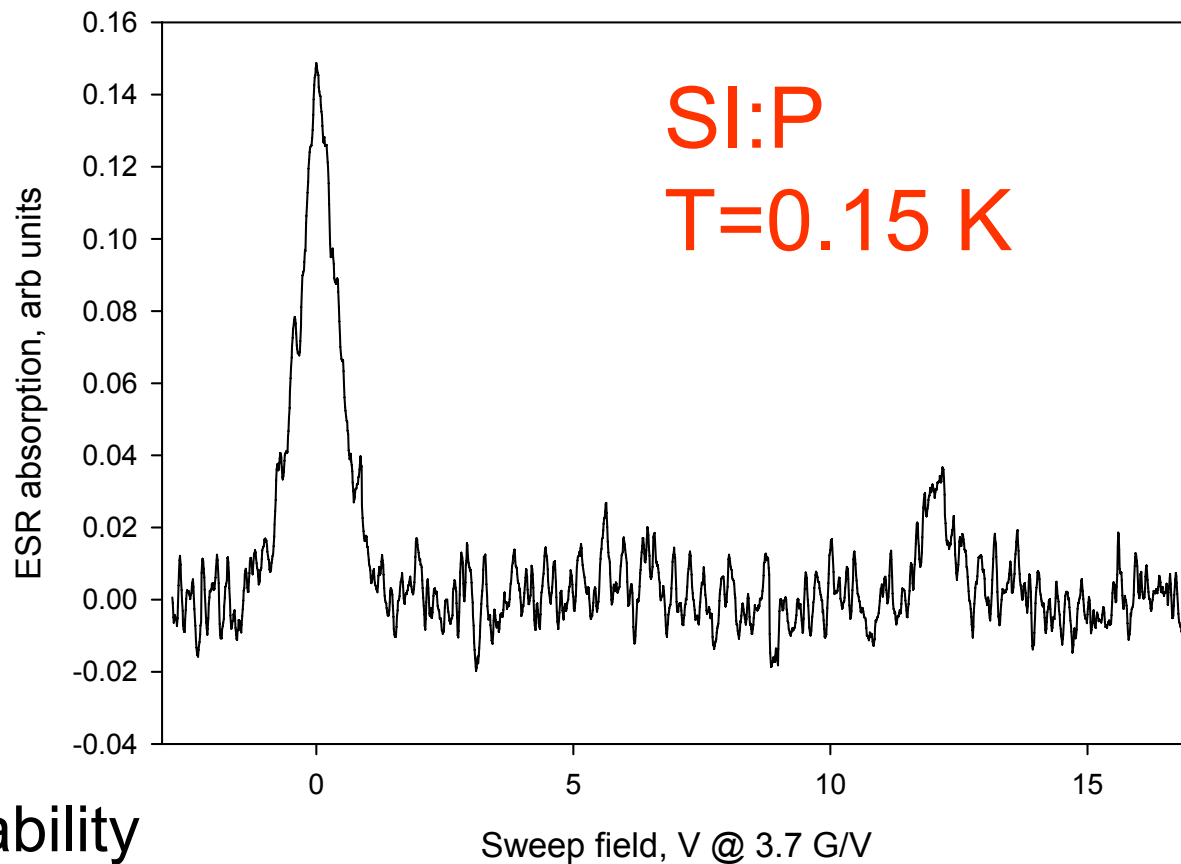
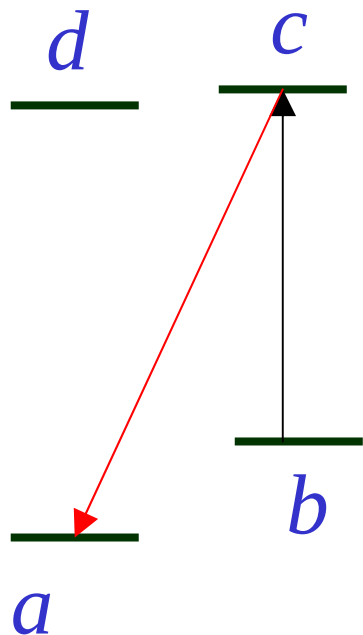
$\text{H}_2:\text{H}$
 $T=150 \text{ mK}$



$$W_{a \leftrightarrow c} = \left(\frac{a}{2g\mu_B B} \right)^2 W_{b \leftrightarrow c} \approx 2.5 \cdot 10^{-5} W_{b \leftrightarrow c} \quad \text{in 4.6 T field}$$

Anomalously fast cross-relaxation

Dynamic nuclear polarization after 300 s pumping of b - c transition

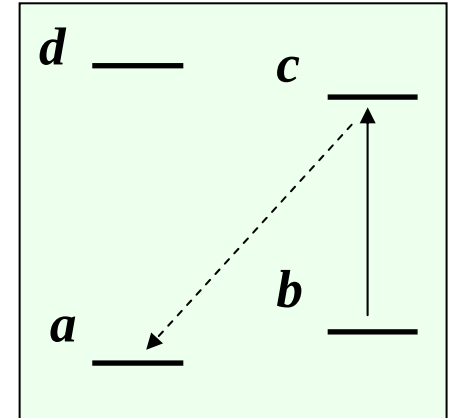
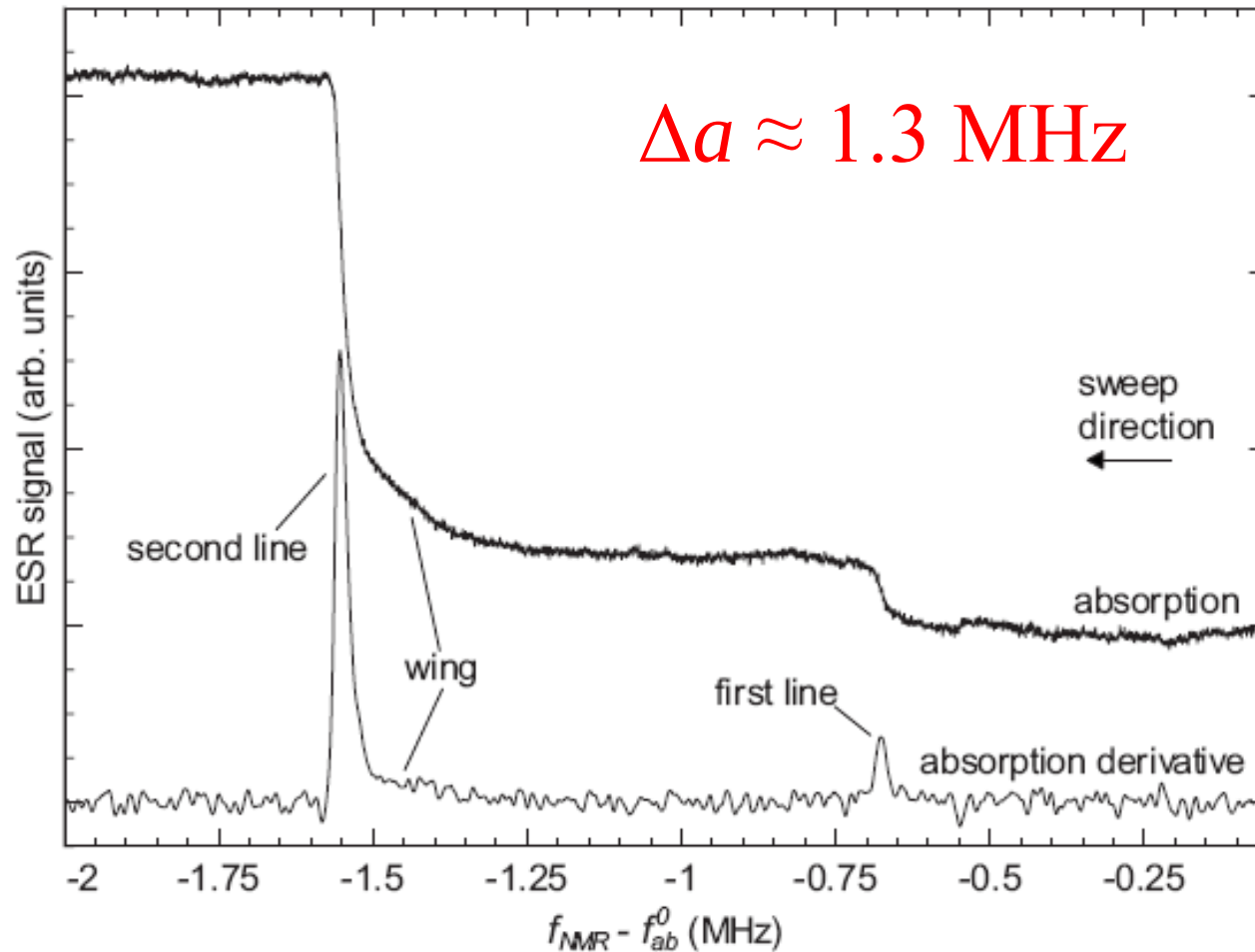


a - c transition probability

$$W_{ac} = \left(\frac{a}{2g\mu_B B} \right)^2 W_{bc} \approx \left(\frac{41}{2 \cdot 4.58 \cdot 10^4} \right)^2 W_{bc} \approx 1.6 \cdot 10^{-7} W_{bc}$$

if $T_{1e}=1$ s, then $T_{a-c \text{ pumping}} \sim 10^7$ s

Observed ENDOR spectra



- Two narrow transitions shifted to the red from free atom resonance
- Homogeneous crystalline field

Pulsed ESR spectrum

Small tipping angle limit, Pulse width of 100 μs

