

# OIST RECREATION Class *Weekly schedule Ocean View Room*

TIME	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
08:00	YOGA	YOGA	YOGA	YOGA	YOGA		
09:00							
10:00							
11:00						Art Class	
12:00				Activity	Balletone		
13:00							
14:00							
15:00							
16:00							
17:00	YOGA	KENJUTSU	VIOLIN		HULA		
18:00	ZUMBA	CAPOERA	VIOLIN	CAPOERA			
19:00			ZUMBA				
20:00							