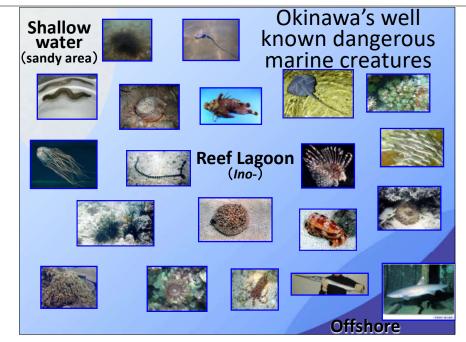


Today's Topic

- ① Overview of damages caused by dangerous marine creatures
- 2 Types of dangerous marine creatures and their First Aid
- 3 How to prevent damage





Fatalities from Bites & Stings by Dangerous Marine Creatures in Okinawa

(Includes uncertain cases)

1918~2016 35 cases reported

	Case
Sea Snakes	8
Needlefishs	8
Sharks	7
Killer Cone Snails	6
Box (habu) Jellyfishes	3
Devil Stingers	2
Crown-of-Thorns Starfish	1

Fatality Caused by Box Jellyfish

1997 Kin-city, age 6, female

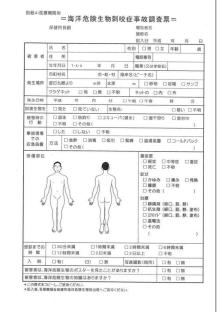
1998 Ishikagaki-city, age 3, female

gaki-city, age 3, lemale

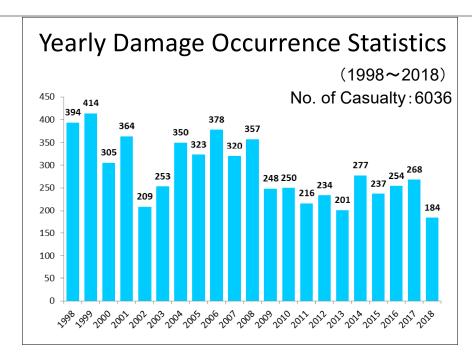


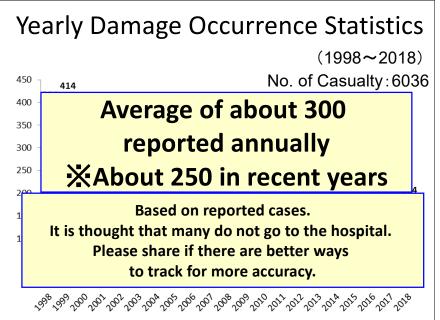
Bites and Stings Accident Investigation

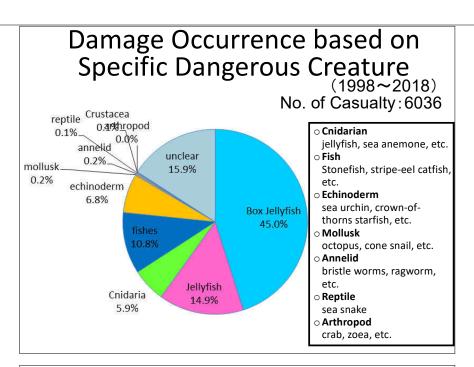
(conducted from 1998)

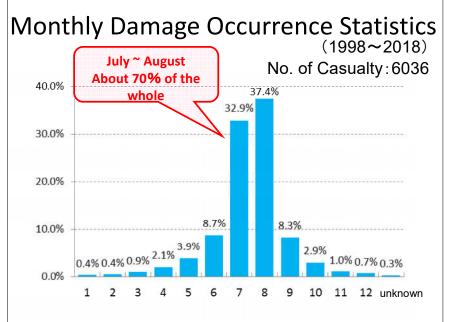


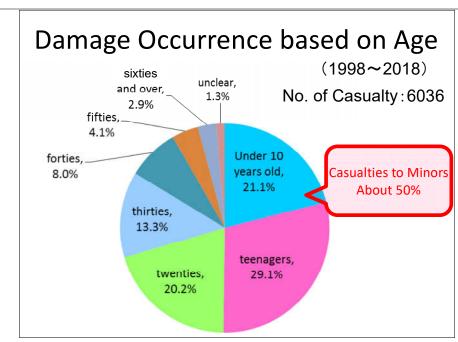
Overview of Damages
Caused by
Dangerous Marine Creatures

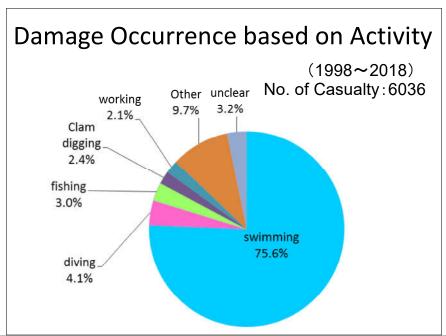


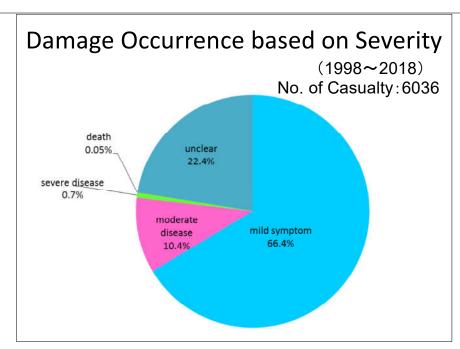


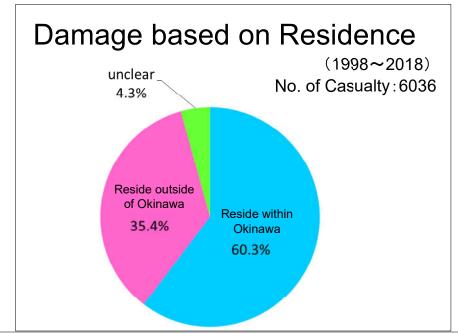


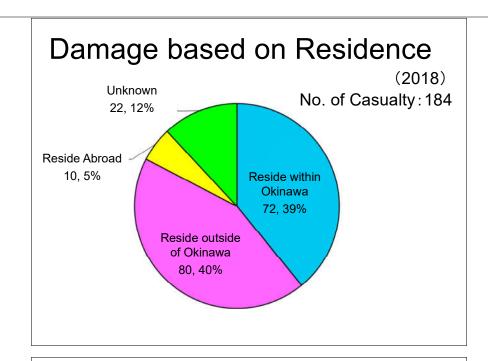








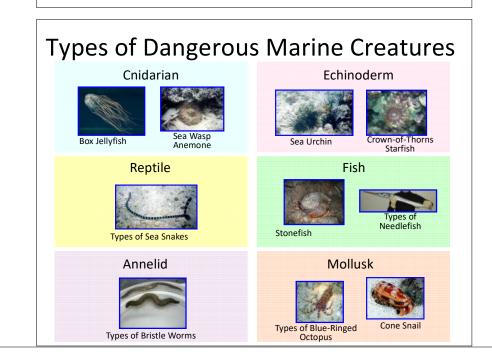


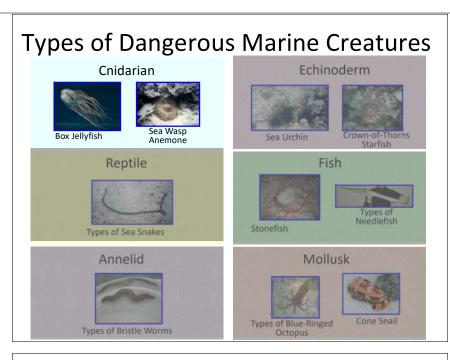


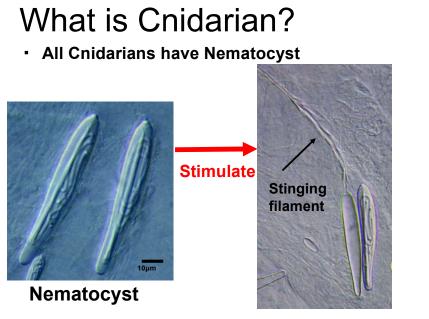
Actual Conditions of Damage

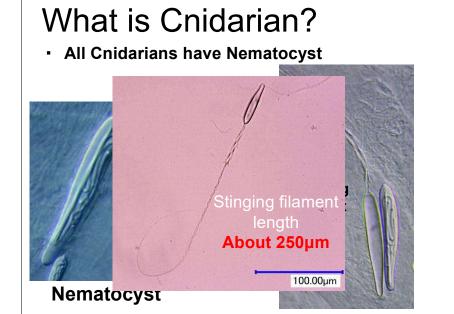
- Average of about 300 cases reported annually
- Often caused by Box Jellyfish
- Frequent during the summer
- Ages 10 and younger are more prevalent
 - ⇒ easily become severe
- Increasing in non-Okinawa residents
 - ⇒ many are tourists

Types of Dangerous Marine Creatures and their First Aid



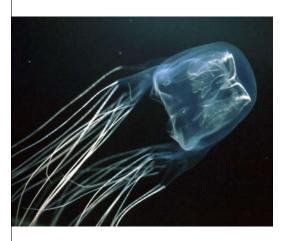






Box Jellyfish

(Chironex yamaguchii)



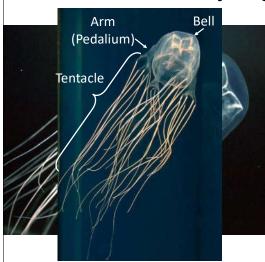
Distribution: throughout
Okinawa Prefecture
(domestically, only in Okinawa)

Characteristics:

- Cube shaped bell, maximum size of 13cm
- 4 arms each with 7 tentacles, total of 28 tentacles, length of more than 150cm
- Seen in Okinawa from May through October
- Difficult to find underwater

Box Jellyfish

(Chironex yamaguchii)



Distribution: throughout Okinawa Prefecture

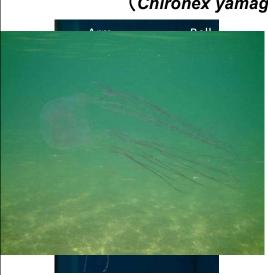
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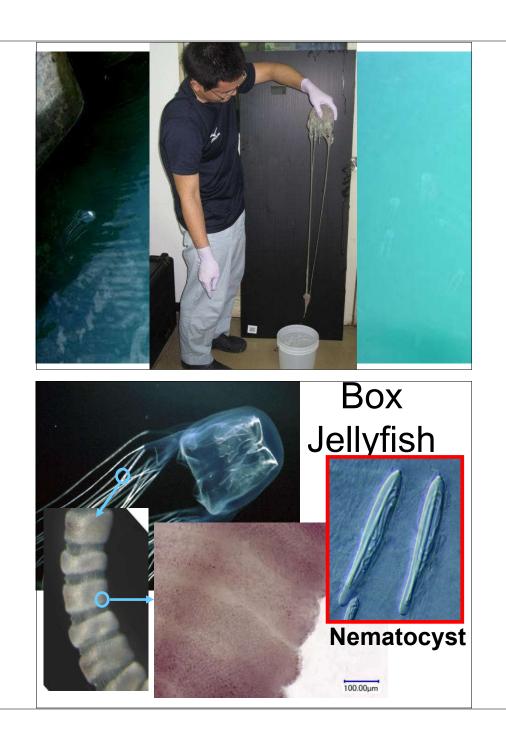
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Characteristics:

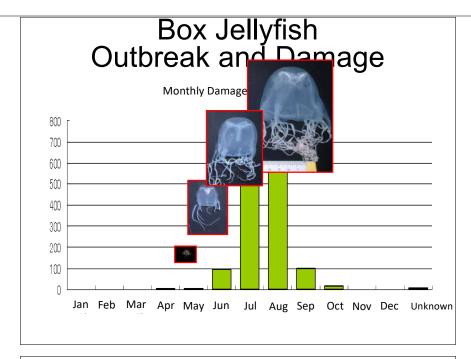
- Cube shaped bell, maximum size of 13cm
- 4 arms each with 7 tentacles, total of 28 tentacles, length of more than 150cm
- Seen in Okinawa from May through October
- Difficult to find underwater











Box Jellyfish Stings - Symptoms -





Scar





Blister Skin Necrosis

Systemic Symptoms
Respiratory depression
Shock symptoms such as drop in blood pressure



Characteristics of Severe and Fatal Cases Caused by Box Jellyfish

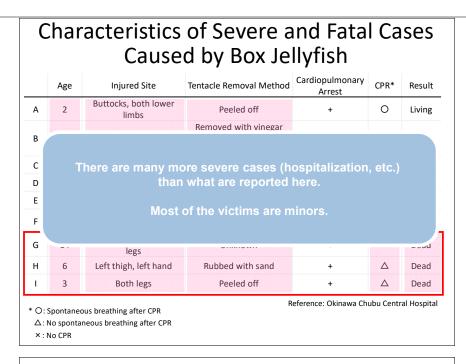
	Age	Injured Site	Tentacle Removal Method	Cardiopulmonary Arrest	CPR*	Result
Α	2	Buttocks, both lower limbs	Peeled off	+	0	Living
В	8	Both lower limbs	Removed with vinegar (stopped breathing before applying vinegar)	+	0	Living
С	10	Left thigh	Peeled off	+	0	Living
D	8	Abdomen, both legs	Peeled off	+	0	Living
Ε	8	Lower limbs, trunk	Scraped off with sand	Breathing		
F	5	Right forearm, upper left leg, both legs	Peeled off	+	0	Living
G	14	Lower abdomen ~ both legs	Unknown	+	×	Dead
Н	6	Left thigh, left hand	Rubbed with sand	+	Δ	Dead
ı	3	Both legs	Peeled off	+	Δ	Dead

Reference: Okinawa Chubu Central Hospital

* O: Spontaneous breathing after CPR

\(\Delta : \text{No spontaneous breathing after CPR} \)

× : No CPR



Pay extra attention to harm on children!!

Children's bodies are small

Major impact by poison

T



Easily become severe

Case Caused by Box Jellyfish Sting (likely)

Date/time of occurrence: July 21, 2013, 3PM

Victim: Okinawa resident, age 8, female

Location: Coastline in Motobu-city, 3m from shore,

1.5m water depth on sandy area

Injured body parts: right thigh, left thigh

Organism: Box Jellyfish (likely)

Situation at the time of injury: Got stung while playing in water. Went to the hospital by ambulance.

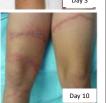
Used vinegar after removing tentacles

Symptoms: pain, swelling, hyperpnea (chronic)

Course: 3 days of hospitalization (in wheelchair during hospitalization). Continued treatment at the hospital even after 23 days (at the time of survey)







Case Caused by Box Jellyfish Sting (likely)

 According to the parents, they have previously visited this beach several times, but was the first time getting stung by Box Jellyfish

⇒ Can occur at places where there are no history of sting incidents



Figure 1. Location of sting incident

- o Following are potential reasons for this case to become severe
 - ① Victim is a minor, below age 15 ⇒ body is small, significant impact by poison
 - 2 Extensive sting site
 - 3 Did not use vinegar when removing tentacles

Large amount of poison injected

Fatality Caused by Box Jellyfish Sting

Date/time of occurrence: July 1998, 11:30, coastline in Okinawa

Victim: age 3, female

Situation:

- 5m from water's edge, while playing in 50cm water depth, stung from right thigh to toes (suddenly cries)
- Removed tentacles, poured carbonated drinks and beer (did not use vinegar)
- Later, convulsed and weakened. Performed CPR while driving to hospital and called 119.
 Transferred to ambulance and went to hospital (cardiopulmonary arrest, cyanosis → artificial respiration, chest compression)
- Arrived to hospital at 12:04
 Cardiopulmonary arrest, pupil dilation, cardiopulmonary resuscitation → no response (12:35 confirmed dead)

Characteristics of Severe Sting Case by Box Jellyfish

- Minor (age 15 and under)
- Extensive sting site
- Incorrect First Aid
- Heart stops within few minutes

(Resuscitation makes a difference between life and death)

Damage Caused by Box Jellyfish —Summary—

- Outbreak from May ~ October
- Damage outbreak almost every part of Okinawa Prefecture
- Largely affect age 10 and younger
- Peak of damage occurrence is from end of July through mid August
- Often get stung multiple times around lower limbs



Effect of Vinegar

Suppresses stimulation of Nematocyst

Damage does not spread

- Mechanism of vinegar suppressing Nematocyst is unknown
- High concentration of vinegar will stimulate
 Nematocyst; concentration should be around 5%

Neutralize poison Remove pain

Spreads damage

Alcohol





Do Not Rub!!

Tentacles have un-discharged nematocyst

 $\hat{\mathbb{T}}$

Rubbing will stimulate nematocyst

Stimulated nematocyst discharges

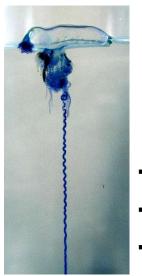
Increase amount of injected poison



Nematocyst

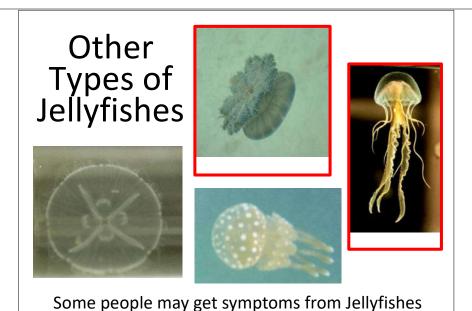
Other Jellyfishes

Portuguese Man-of-War





- Strong winds can push large amounts onto the shore
- Be aware because they can be found on sandy beaches
- Fatalities reported abroad





that are considered harmless



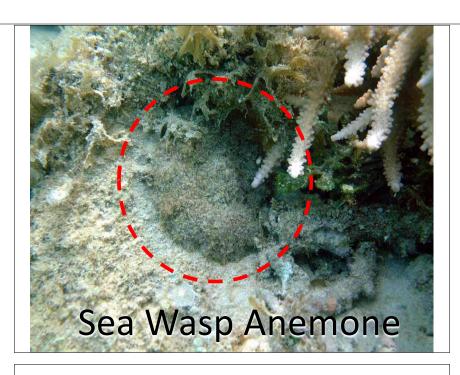
Sea Wasp Anemone



Stephanoscyphus racemosus (Iramo)



Fire Coral



Sea Wasp Anemone



Sea Wasp Anemone

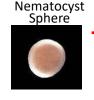


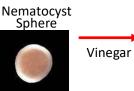
Diameter 15~25cm, Brown Habitat: reefs, etc. Period: all year round Damage

- · While swimming, snorkeling, gathering shells/clams, diving
- Period: around July ~ August
- Looks like seaweed, get stung without noticing
- Easily get severe

Sea Wasp Anemone









Nematocyst discharged



Symptoms

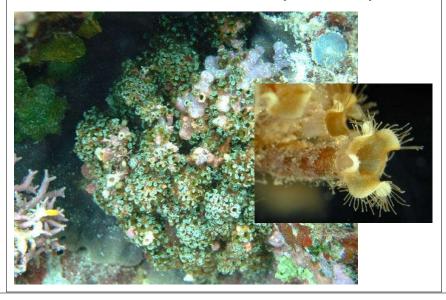
- Severe pain, swelling
- Nausea, vomiting
- Peripheral circulatory failure at the injured site
- Tissue necrosis
- Acute renal failure

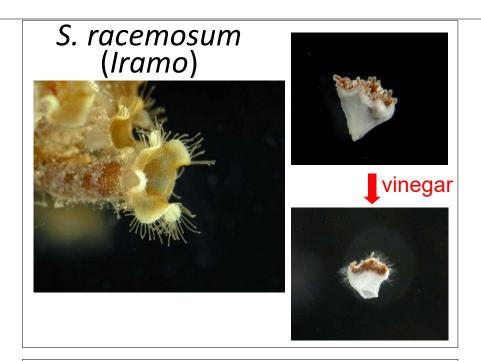
Other Dangerous Sea Anemone





S. Racemosum (Iramo)







First Aid

(Cnidarians other than Box Jellyfish)

- (1) Get out from water
- ② Wash nematocyst sphere and tentacles with sea water

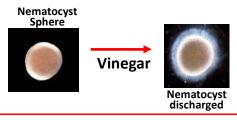
(don't use vinegar)

- 3 Chill
- 4 Go to the hospital

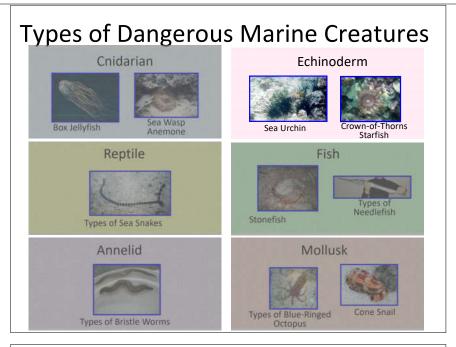
* Getting stung by Sea Wasp Anemone can easily become severe, so go to the hospital

Using Vinegar is Dangerous, Other than on Box Jellyfish

- Discharge nematocyst by vinegar (Sea Wasp Anemone, S. racemosum, etc.)
- Vinegar's effect unknown (Portuguese Man-of-War)



May worsen condition



Echinoderm



Crown-of-Thorns Starfish

Distribution: Southwestern islands, Kyushu, Honshu where there are reefs

Period: all year round

Harm: all year round (especially May ~ October)

especially while diving

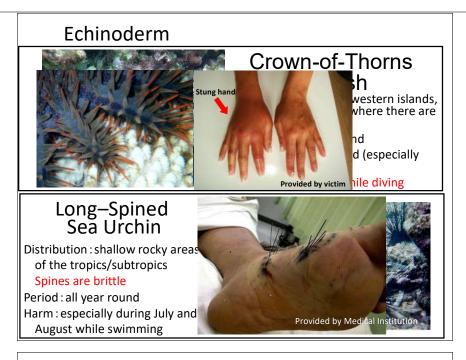
Long-Spined Sea Urchin

Distribution: shallow rocky areas of the tropics/subtropics

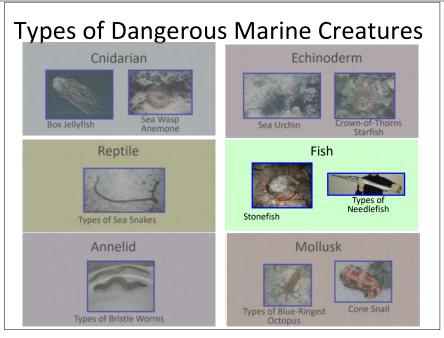
Spines are brittle

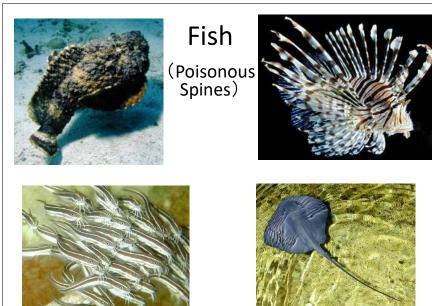
Period: all year round
Harm: especially during July and
August while swimming













Stripe-Eel Catfish

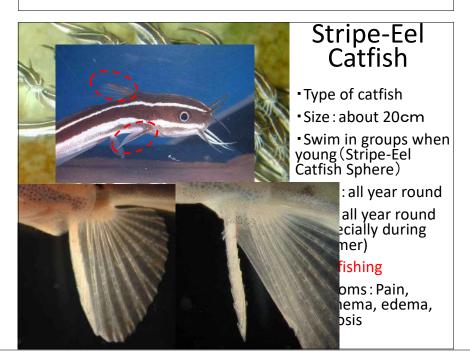
- Type of catfish
- •Size:about 20cm
- •Swim in groups when young (Stripe-Eel Catfish Sphere)

Period: all year round

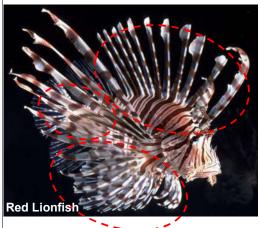
Harm: all year round (especially during summer)

: fishing

Symptoms: Pain, erythema, edema, necrosis



Types of Lionfish



- Poison in dorsal, pelvic, and anal fins
- Swims slowly, tend to not swim away even when approached

Harm: all year round (especially during summer)

Activity: swimming, diving

Injury sites: hands and fingers

Types of Batoid (Ray)



- •Many are benthic and have a tail with poisonous spine
- Harm
- 1) physical puncture wound by tail
- 2 symptoms due to poison
- •Fatalities overseas and in Japan

Stabbing Case Caused by Ray

Date/Time of occurrence: November 2006, around 6:30AM

Victim: Okinawa resident, 70's, male

Location: 1km from shore,

water depth of 2m on sandy area Activity during occurrence: fishing

(injured when trying to release Ray

caught in fishing net)

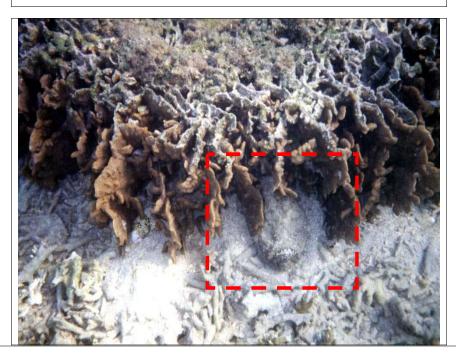
Injured site: Right chest (internal thoracic artery, right lung injury)

Provided by Shimajiri Fire Department

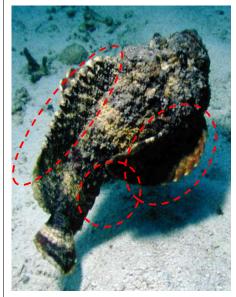
Organism: Round Ribbontail Ray

Situation:

While on the boat, poisonous spine was removed and stopped bleeding by pressing with right hand. 4-5min later, rescued by fellow fisherman that just happened to pass-by, transported to hospital (could not move on his own, both hands were paralyzed). Arrived to hospital around 7:30AM (conscious, low blood pressure, in shock, heavy bleeding). Had emergency operation and survived.



Stonefish





Spine on Dorsal Fin Habitat: coral reefs, shallow reef areas, sandy areas, etc.

Characteristics: about 40cm

13 poisonous spines on dorsal fin, 2 poisonous spines each on anal and pelvic fins

Symptoms: Local (pain, redness,

blistering, paralysis)

Whole body (muscle weakness, convulsions, breathing cardiac arrest)

Stabbing Case Caused by Stonefish

Date/Time of occurrence: September 2012, 7:30 AM

Victim: Okinawa resident, 60's, male

Location: few meters from shore. water depth of 1.5m over sandy area

Injured site: Left sole

(eight linear marks on the sole)

Organism: Reef Stonefish (likely)

Situation: Stabbed while reef walking,

transported by ambulance

Symptoms: Pain, swelling, compartment syndrome, partial necrosis



Figure 3. Stonefish captured near location of incident

Progression: Hospitalized for about 3 weeks. After discharge, additional one month needed for recovery

Fatality Caused by Stonefish (likely)

Date/Time of occurrence: August 2010, around 8:50AM

Victim: Okinawa resident, 50's, male (diving instructor)

- Shallow water depth of 50cm (sandy area), stabbed left sole.
 Within few minutes of injury, called fire dept.
 Beach staff provided First Aid (hot water method, squeezed poison out)
 Unconscious, stopped breathing ⇒ CPR until firefighters arrived
- 9:03 Firefighters arrived
 Cardiopulmonary arrest confirmed. Emergency transport while resuscitating.
- •9:15 Doctor dispatched in *doctor-car*. Administered epinephrine.
- 9:28 Arrived at medical institution. Cardiopulmonary arrest
- 10:35 Death confirmed
 - 1 Check whether there are any at the bottom using a stick, etc.
 - 2 Felt-soled marine boots



First Aid (Echinoderm, Fish)

- Remove visible large spines
- Soak in 40~45°C hot water for 60~90 minutes (to relieve pain)



Types of Needlefish



- very sharp jaw
- •8 fatal cases in Okinawa
- Positively phototaxis, rushes towards light and stabs
- ⇒when using light at night, place the light on arm, facing downwards



Stab case by type of needlefish

Case: 30's, male

Date/Time: July, 1968, 1:00AM

Situation: stabbed in right face while

fishing

Progress: blind in right eye but

survived

Great White Shark



Research Institute for Subtropiosa (** ####)
From Umi no Kiken Seibutsu Chiryou
Manuaru

Tiger Shark



Research Institute for Subtropics 強先 海井 From Umi no Kiken Seibutsu Chiryou Manuaru

Types of Sharks

- About 120 species in the Japanese coastal waters, about 30 are dangerous species
 ⇒ about 60% inhabited in Okinawa waters
- Size: small species are several tens of centimeters, large species are about 12m
- Dangerous period: all year round (incident increase during the summer)

Most species do not aggressively attack

Past Shark Attacks in Okinawa Specific Injury Site No. Location Activity Result Date Organism Abdomen, right 1935. Mar Male 14 11:00 Ishigaki Island, Ibaruma 2000 Unknown Male 14 15:00 2000 Chest back Unknown Ishiqaki Island, Ibaruma Fishina Summe Miyako Island, Hirara Left knee, right 1954, Jun Male 25 11:00 Fishing Unknown open-sea Okinawa Island, Right upper 1975, Aug Male 54 Unknown Unknown Unknown Unknown Nakagusuku Harbor 1989, Jan Male 53 9:00 Irabu Island, Sarahama Fishing 2000 Left thigh Unknown Great Abdomen, right Miyako Island, Hirara 52 1996 Jul Male 9:40 1500 White open-sea thigh Shark Hatoma Island, southern 19 12:00 Unknown 2500 Unknown 1996, Aug Female Head, righ thigh Dead part Miyako Island, Hirara 1997. Jul Male 55 Unknown Fishina 1600 Thiah, buttocks Unknown 1997, Jul Male 41 Unknown lkei Island, Agarihama Thigh Unknown Miyako Island, Karimata 10 1998, May Male 63 6:00 Right wrist Unknown Mino open-sea Iriomote Island, Ubu Left foot, left 1999, Oct Male 19 Unknown 4500 Unknown Reach Miyako Island, Sunayama Left thigh, righ 2000, Sep 20 17:00 Tiger Shark Male Whitetin Miyako Island, Gusukube 13 2005, Oct 22 Male reef shark Distance: from harbor to incident site or where body was found *Potentially attacked after drowning Source: 32nd Okinawa Prefectural Institute of Public Health Abstract by Akira Shinjo,

151027



To Avoid Shark Injuries

- Do not approach sharks
 (Do not swim in the early morning or evening at dangerous locations)
 - Do not enter beaches where sharks appear
 - Do not enter beaches in the early morning or evening when they are more active
- ② <u>Do not let the shark get close</u> (do not gather sharks)
 - Do not bleed or urinate in water
 - Do not leave trash or leftover food at the beach

From SHARKS Same - Umi no Ouiatachi

Types of Dangerous Marine Creatures Cnidarian Echinoderm



Types of Bristle Worms



Sea Snake (Reptile)



- Type of cobra with strong neurotoxins and muscle poisons
- 8 species inhabit in Okinawa

Harm: mischief, while fishing Case: 8 fatal cases in Okinawa





Hydrophis melanocephalus



Hydrophis melanocephalus



Bite Case Caused by Sea Snake

Victim: Okinawa resident, 50's, male

Date/Time of occurrence: January 1989, 6:30PM

Situation: bitten on right 2nd finger

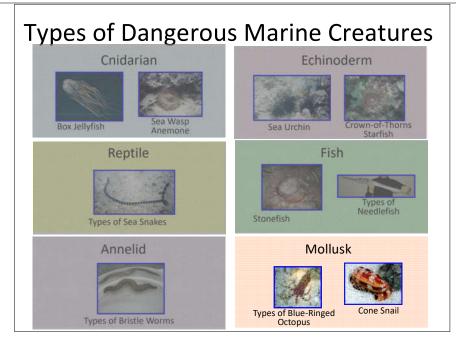
while prepping the sea snake at home. Quickly removed it, sucked the blood out few times with mouth. Next morning,



Organism: blue-banded sea snake (*H. cyanocinctus*) (identified at the Institute)

Symptoms during inspection: muscle pain throughout body, ptosis, mouth spasm, difficulty in swallowing, swelling, tenderness, excessive sweating, reddening of face, nausea, etc.

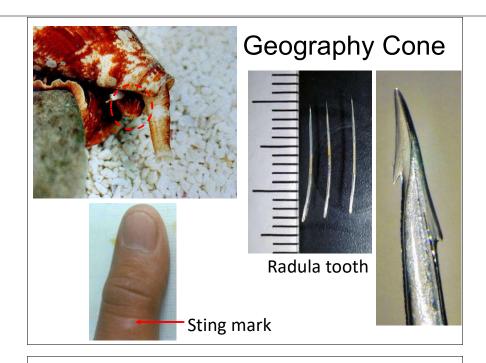
Progress: after hospitalization, fluid was replaced, rapid improvement. Pain and other symptoms relieved in 3-4 days, autonomic nervous symptoms relieved in 4-5 days. Eye movement disorder relieved in about 1 month.



Geography Cone (Conus geographus)



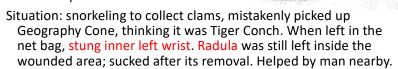
- Size: about 10cm
- Have strong neurotoxin
- Symptoms: numbness⇒ risk of drowning
- There have been cases while gathering clams/shells
- 6 fatal cases reported in Okinawa



Sting Case Caused by Geography Cone

Victim: Okinawa resident, 30's, male Date/Time of occurrence: May 1996, around 11:00AM

Location: Okinawa, 950m from coast, water depth of 1.5m



Symptoms: within 30 minutes of injury, dizziness, double vision, excessive thirst, fatigue, and gait. By the time arrived at the hospital, perception disorder, breathing disorder.

Progression: discharged after 6 days of hospitalization (no subsequent complications)

Sting Case Caused by Geography Cone



Types of Cone Snails



- Many species of cone snails inhabit in Okinawa
- Toxicity varies by species

subsequent complications)

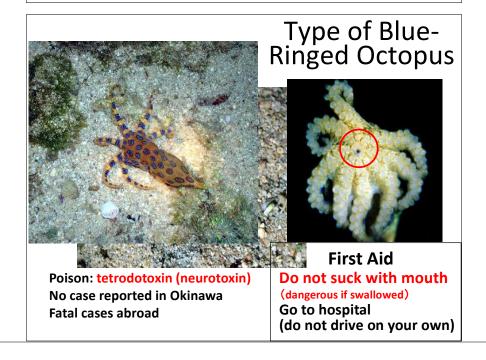
 Requires caution because some species look as though there is nothing inside ("minashigai," no-insides-shell)

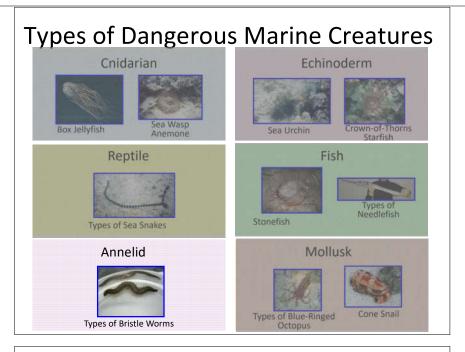
First Aid (Sea Snakes, Cone Snails)

Go to hospital (do not drive on your own)



* Go to hospital because it can lead to death





Types of Bristle Worms

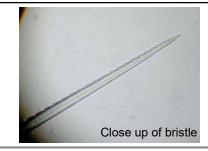


- Produces poisonous bristles when stimulated
- Habitat: seabed, under rocks
- Symptoms: pain, itch, papule, blister



Remove bristle with tape, etc.





To Prevent Damage

Preventative Measures in Okinawa

Many referred to measures taken in Australia

- First Aid for Box Jellyfish sting using vinegar
 ⇒ applying the same first aid method for Australia's
 Chironex fleckeri to Box Jellyfish
- o Box Jellyfish intrusion prevention net



Jellyfish intrusion prevention net



6

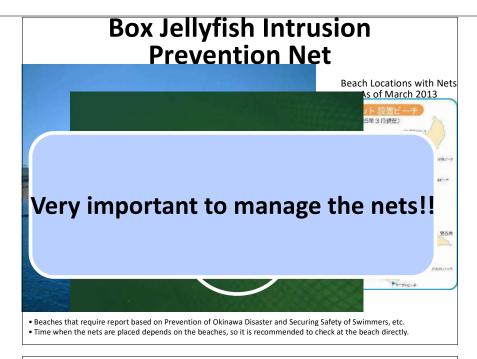
Vinegar for First Air

Warning Poster

Box Jellyfish Intrusion Prevention Net Beach Locations with Nets As of March 2013 クラグスット 別でレーチ (別の25年3月後日) (別の25年3月8日) (別の25年3月8

- Beaches that require report based on Prevention of Okinawa Disaster and Securing Safety of Swimmers, etc.
 Time when the nets are placed depends on the beaches, so it is recommended to check at the beach directly.

• Time when the nets are placed depends on the beaches, so it is recommended to check at the beach directly.



Prevention Measure

(when there are no Box Jellyfish Intrusion Prevention Nets)

- Check that there are no dangerous marine creatures
- Bring vinegar just in case (for Box Jellyfish)
- Reduce skin exposure (mostly for cnidarians) Long-sleeve shirts, leggings, stinger suits, etc.

Stinging filament (needle) length ... about 250µm (¼mm)



☆ cannot completely prevent harm

Damage Reduction Equipment

Marine gloves, etc.



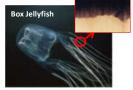
Stinger Suits, etc.



Felt Sole Boots









Prevent touching sea anemone, etc., unknowingly

Prevent tentacles of jellyfish, etc., from touching skin

Prevent stepping on poisonous spines of Stonefish, etc.





To Prevent Damage... Knowledge Prevention Treatment

To Prevent Damage in Advance









- Types and ecologies of dangerous creatures
- Not touching unknown creatures

To Prevent Damage in Advance

Box Jellyfish Intrusion Prevention Net





- Swim inside the nets
- Properly maintain the nets
- Check for warnings (signs)
- Harm reduction equipment (wearing long-sleeves, pants, marine boots, etc.)

To Prevent Damage in Advance

Using vinegar (Box Jellyfish)







- Know proper first aid
- Know how to provide CPR
- Prepare vinegar (Box Jellyfish)

Let's Be Careful! Dangerous Marine Life Leaflet



Can download from Okinawa Prefectural Institute of Health and Environment website



DVD/Video Available for Purchase



Cinema Okinawa TEL: 098-857-5533

Price: 1, 500yen

Available on YouTube



Search on Okinawa
Prefectural website or on
Okinawa Prefectural
Institute of Health and
Environment website

Available in multiple languages!!

