Welcome CDC Parents and Carers



## **New Class Orientation**

2028-32-52

Infant Class

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## Welcome to Infant Class Orientation

Meet the Group Leader

Overview of Class, Classroom Location

Activities, Assessment, Outcomes

Baby Sign language, Daily Schedule,

Drop Off of Infant Class, About Milk, Breast Milk

About Snacks and School Lunch

Pick Up and Drop Off Routine

Supply List

Meet the Class Teachers



## Meet the Group Leader

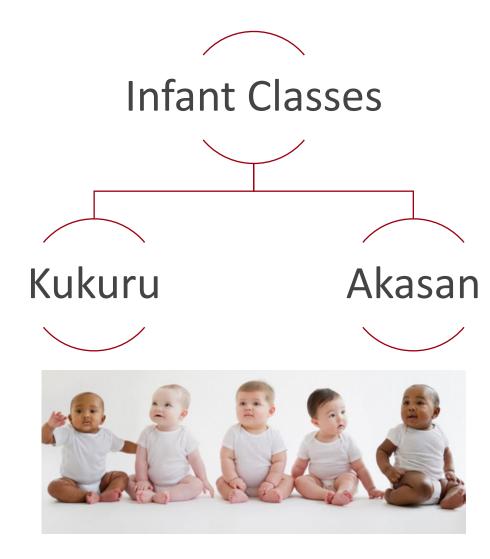


Nan Scuba nan.miyashita@oist.jp Point of contact for concerns after speaking with the class teacher.

Creates shifts and covers the classroom when class teachers are on leave.

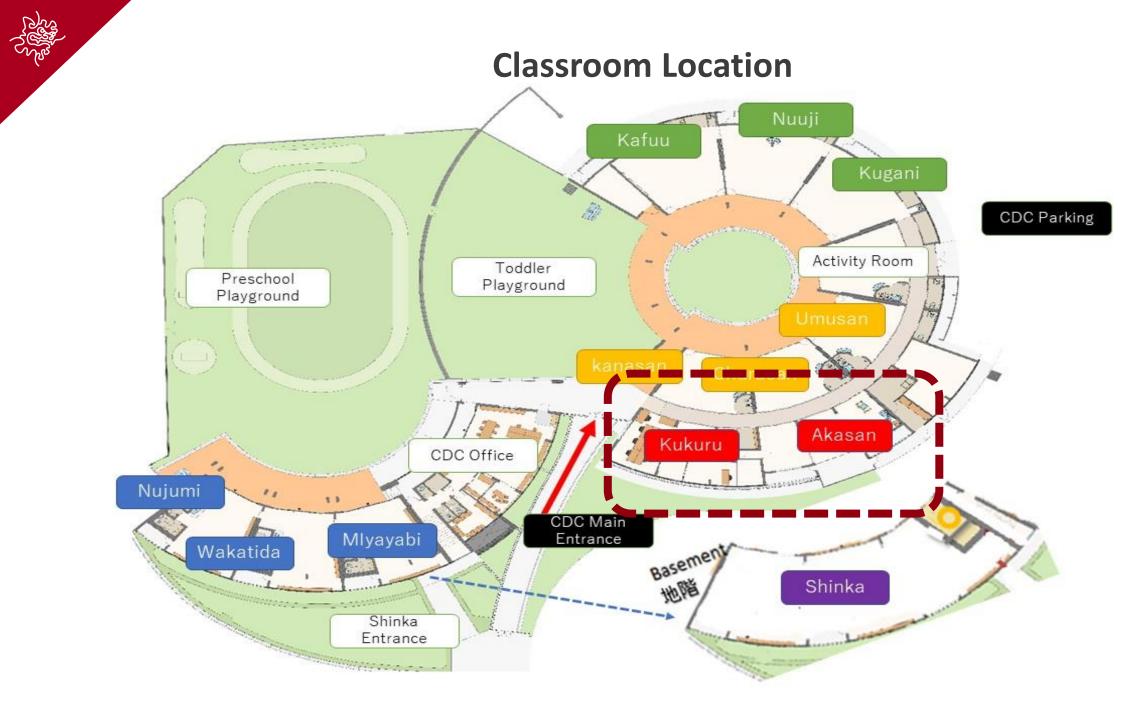
Formal and informal evaluation of classroom, safety checks, staff training, student class assignments, holds meetings with teachers monthly.

## **Overview of Class**



Infants will join the class from April 1 and will remain in this class until end of March 2025.

- The legal ratio in Japan for children aged 2-11 months is 1:3 and for children aged 1-2 is 1:6.
- At present, Akasan classroom has 5 teachers and Kukuru classroom has 4 teachers.



### **Classroom Set Up**











### **Actively Bi-Lingual Activities/ Curriculum**

- Read aloud picture books to children (in both languages)
- Finger play songs/Singing (in both languages)
- Dancing
- Water play
- Sensory Play
- Buggy ride
- Outside story time (in both languages)
- Baby Sign Language



#### Assessment

#### **Assessment Tools:**

- Portfolios (monthly entries called Individual Development Plan )
- Observational notes (monthly lesson plan notes and reflections )

#### **Parent-Teacher Communication:**

- In-person communication during daily drop off and pick up
- Class Dojo and email

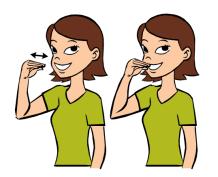




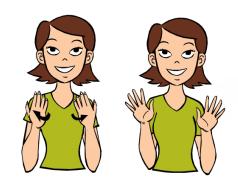


#### Outcomes

- Sits and stands without support
- Walks independently
- Sit in a chair independently
- Holds a sippy cup to drink with assistance
- Feeds themselves finger food
- Begins to use utensils to eat
- Use baby sign language to express their feelings

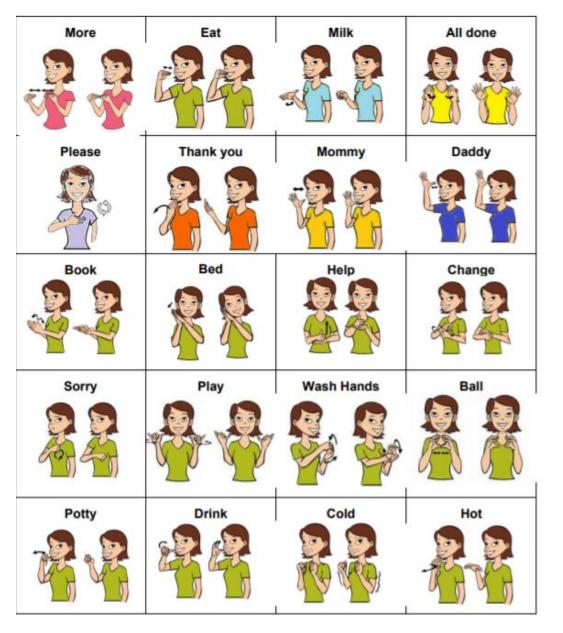








### **Baby Sign Language**



## Baby sign language basics offer multiple benefits for children:

- Reducing frustration
- Facilitating language development
- Encouraging gesturing, pointing

The Infants class teachers are using some baby sign language everyday. If you are interested in using baby sign language with your child please let us know and we can share a basic guide sheet that you can use to work together with your baby at home.

## **Daily Schedule**

Akasan Class Daily Schedule あかさんクラス 一日のスケジュール

| 8:00  | ~ | 9:30  | Arrival/Free play/Change<br>Diapers/Individual needs | 登園・自由遊び<br>おむつ交換<br>個別のニーズに合わせる |
|-------|---|-------|--|---------------------------------|
| 9:30  | ~ | 10:20 | Short Story time/ Crawling<br>Individual needs       | 読み聞かせやはいはい<br>個人のニーズに含わせる       |
| 10:20 | ~ | 10:30 | Change dipaers/Wash<br>hands<br>Lunch preparation    | おむつ交換・手洗い<br>給食準備               |
| 10:30 | ~ | 11:20 | Lunch time   | ランチタイム                          |
| 11:20 | ~ | 11:30 | Change clothes & diapers<br>Nap precaration          | お着換え・おむつ交換<br>午睡準備              |
| 11:30 | ~ | 14:30 | Nap time   | 午睡タイム                           |
| 14:30 | ~ | 14:45 | Change dipaers<br>Free play                          | おむつ交換<br>自由遊び                   |
| 14:45 | ~ | 15:30 | Snack time   | おやつ時間                           |
| 15:30 | ~ | 17:30 | Change diapers<br>Free play/Individual needs         | 自由遊び・おむつ交換<br>個別のニーズに合わせる       |
| 17:30 | ~ | 18:00 | Free play/ Departure                                 | 自由遊び・降園                         |

In the beginning, we will be flexible to accommodate the needs of the children.
Gradually children will be able to follow this schedule.

For babies, physical and emotional development is very important. They are completely dependent on their caregivers and need plenty of adult attention.
Providing them food, a place to sleep and play, or changing diapers are needed to form firm attachment with teachers.

## **Drop Off of Infant Class**







- First, please sign in by the iPhone.
- Please hand over children's belongings, such as bottles and diapers to the teacher.
- Children's belongings are stored on their own shelves by the teacher.
- Please tell the teacher how the children are doing at home and their feeding schedule.

### **About Milk**

#### • Please bring four or five bottles of prepared milk to the class every day.



• Please bring an extra bottle for your child.

•The milk brought from home will be stored in the class fridge.

• During the day, the milk will be warmed and fed by the teachers according to the child's schedule.



## About Milk

All bottles must be labeled with the child's name, the date the formula is made and type of milk.
 Please bring plastic feeding bottles (Glass bottles require a silicon cover for safety hazard.)





## **Breast Milk**

If your child is breastfed, We can give breast milk by bottle, or we can call mother to arrange feeding times.

-Please use breast milk storage bags when you bring breast milk.

-Breast milk is received by hand from the parent/guardian

-When receiving breast milk we confirm the name, date of expressed and number (volume).

-Breast milk received at the CDC must have been expressed within the past six months.

## **Breast Feeding Mothers**

## In Kukuru Classroom

• There is a space for breast feeding in Kukuru class.



On Campus Mother Room Locations

- Conference center
- Lab 3
- Lab 4
- Lab 5



#### **About Snacks and School Lunch**

- As children become 6 month of age, it's time to start to introduce solid foods. Please do not send babies with foods that have not been first introduced at home.
- We will start feeding him or her once a day at lunchtime, then gradually feed them twice a day.
- Parents can provide home lunch or order school lunch(however, we recommend baby to start school lunch after they turned 1 year old because of salt content) Our school lunch is provided by a vendor that supplies food to hospitals, elderly care facilities and preschools, and they have different consistencies to match the needs of our babies.
- Please note that the salt content in the school lunch is about 1.5 grams per serving. The daily recommended amount of salt for a baby aged 1-2 is 3 grams. Nutrition guidelines differ between countries and we recommend you reduce salt intake at other meals if you order school lunch.
- About snack, Although it says snack time, you can bring a normal meal.

#### About Snacks and School Lunch Parents can provide home lunch or order school lunch.

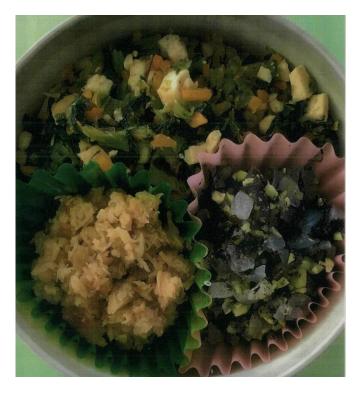
#### Kizami (Consistency of Food)



Cho Kizami (Paste)



Kizami (Chopped)



Hitokuchi Dai (Chunked)

Please note that the **salt content** in the school lunch is **about 1.5 grams** per serving.

## Pick Up and Drop Off Routine

### **Morning Drop Off**

- Please drop your child off from 8:00 9:30 a.m.
- If your child is sick or cannot attend for some reason, please call, or e-mail (<u>akasan@oist.jp</u> kukuru@oist.jp)
- before 9:00 am that day to let us know.
- Please sign in by the iPhone each day.

## Afternoon Pick Up

- Please sign out by the iPhone each day.
- Children will not be released to any other person who is not designated for Alternative Pick-Up Authorization.
- Bottles, cup, containers for lunch and snack, and dirty clothes should be taken home each day. Diapers are kept in CDC.
- Please take home your child's bed sheet and blanket on the last day of the week.
- We open from 8:00 a.m.- 6:00 p.m., Monday to Friday. A late fee of ¥1,000 will be charged for every 15 minutes after 6:00 p.m
- Children are not allowed to play on the playground after pick-up.



### Supply List

| Infant Supply List (Kukuru, Akasan Class) |                       |                       |                      |                      |  |  |  |
|---|-----------------------|-----------------------|----------------------|----------------------|--|--|--|
| Everyday                                  | On Monday             | Keep at School        | Optional             | Seasonal             |  |  |  |
| ☐ 4 or 5 plastic                          | Crib bedding-         | Outside shoes (if     | Baby cup with        | Water play during    |  |  |  |
| bottles of prepared                       | waterproof sheet,     | your child can walk)  | straw                | July-September       |  |  |  |
| milk on that day.                         | sheet cover, blanket. | 🗌 Hat                 | Burp cloths          | 🗌 Swimsuit           |  |  |  |
| Frozen breast milk                        | *Bed Dimensions-62    | 🗌 Sunscreen (No       | Pacifiers with clips | 🗌 Towel              |  |  |  |
| (If the child is                          | cm x 90 cm            | aerosol)              | for clothing         | □ Set of clothes and |  |  |  |
| breastfed)                                |                       | U Wipes for Toileting |                      | dry diaper for after |  |  |  |
| $\Box$ 2 Baby spoons for                  |                       | (1 pack)              |                      | water play           |  |  |  |
| the child and                             |                       | Diapers (1 pack)      |                      | Plastic bag          |  |  |  |
| cares                                     |                       | *Please write your    |                      |                      |  |  |  |
| 🗌 Sippy cups                              |                       | child's name on bag   |                      | Fall & Winter        |  |  |  |
| 🗌 Lunch (if not                           |                       |                       |                      | 🗌 Jacket             |  |  |  |
| ordered)                                  |                       |                       |                      |                      |  |  |  |
| Snacks                                    |                       |                       |                      |                      |  |  |  |
| 3 changes of                              |                       |                       |                      |                      |  |  |  |
| clothes and under                         |                       |                       |                      |                      |  |  |  |
| shirts                                    |                       |                       |                      |                      |  |  |  |
| as needed                                 |                       |                       |                      |                      |  |  |  |
| 2 Bibs for snacks                         |                       |                       |                      |                      |  |  |  |
| and lunch                                 |                       |                       |                      |                      |  |  |  |
| 2 Face towels                             |                       |                       |                      |                      |  |  |  |
| Plastic bags for                          |                       |                       |                      |                      |  |  |  |
| soiled clothing                           |                       |                       |                      |                      |  |  |  |



## Please remember to...

Sign in/out on the class iPhone

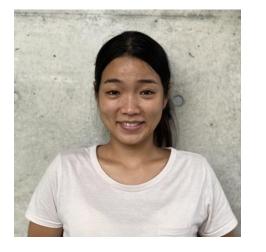
Write your child's name on every item!





## Meet the Infant Class Teachers

#### **Akasan Class**







Ms.Satuki

Ms.Haruka

Ms. Tomomi





Ms. Arisa Ms. Boutheina



## Meet the Infant Class Teachers

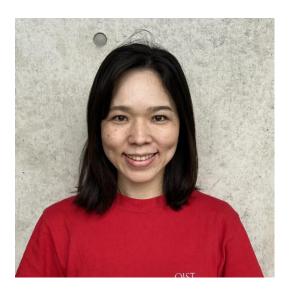
# Kukuru Class



#### Ms.Takako



Ms.Chiyo



Ms.Rie



Ms.Mirai



Thank you!