

SAVE THE DATE!



Birthday Parties

Ages 2 and above 6/27 (Fri) 14:50~

We will celebrate all children with June birthdays.

Upcoming Events

Water Play

July through the end of September

Tanabata (Star Festival)

7/7 (Mon)

Professional Development Day For CDC Employees

7/11 (Fri)

on July 11 due to Staff
Professional Development Day.

June Events

Parent Teacher Conference

6/16 (Mon) - 6/20 (Fri)

Bi-Annual Health Check Up

6/9 (Mon)

Pinworm Test

Submission deadline: 6/13 (Fri)

Dental Check Up

6/12 (Thu)

Onna Village Childcare Consultation
Service

6/25 (Wed) AM



JUNE CHILDCARE THEMES

The CDC uses a theme-based learning and our children learn and enjoy activities based on different themes that are set basically for every 2 weeks. We are excited to share with you the themes for June.





^{*}Themes are subject to change depending on the children's development status and their interest.

Age Group	Class	Monthly Theme	
Infant	Kukuru	Monthly songs: "かたつむり""Rain Rain Go Away"	
(0 year old)	Akasan	Monthly songs: "おうまさん""Rain Rain Go Away"	
Pre-toddler (I year old)	Kanasan / Churasan / Umusan	"Animal" "Shape" "Color"	
Toddler (2 years old)	Kafuu / Nuuji / Kugani	"Animal" "Insects / Bugs" "Life Cycle-Butterfly" "Summer"	
Preschool (3-4 years old)	Nujumi / Wakatida / Miyarabi	"My Family" "Dental Health"	
Preschool (5 years old)	Shinka	"My Family" "Dental Health"	

^{*}Infant Class does not use themes and monthly songs are listed instead.

PARENT-TEACHER CONFERENCES

We will conduct a Parent-Teacher Conference in June as follows. A sign-up starts from June 2. (Meeting will be held in-person)

Class Name	D ate
Kanasan	Wednesday, 6/18 @Conference Center Meeting Room 2
Churasan	Thursday, 6/19 @Conference Center Meeting Room 2
Umusan	Friday, 6/20 @Conference Center Meeting Room 2
Kafuu	Monday, 6/16 @Conference Center Meeting Room 3
Nuuji	Tuesday, 6/17 @Conference Center Meeting Room 3
Kugani	Wednesday, 6/18 @Conference Center Meeting Room 3
Miyarabi	Wednesday-Friday 6/18-20 @Confrence Center Meeting Room 4
Wakatida	Monday 6/16 and Wednesday 6/18 @Confrence Center Meeting Room 4
Nujumi	Tuesday 6/17 and Wednesday 6/18 @ Conference Center Meeting Room 4
Shinka	Thursday-Friday 6/19-20 @ Shinka Classroom

BI-ANNUAL HEALTH CHECK UP

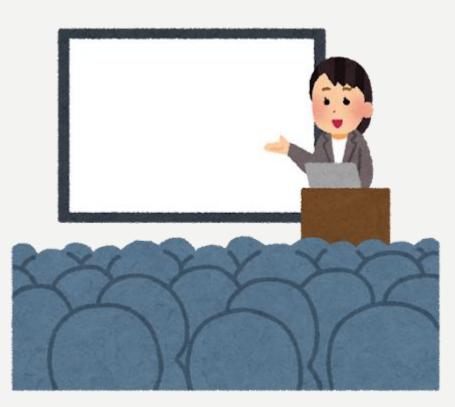


We have scheduled the upcoming health screening with a doctor from Medical Corporation Ryoshukai at CDC for Monday, June 9.

Parents, this health screening is required! Please ensure your child(ren) will take the screening at the CDC or you must take your child to the designated clinic or any clinic at your own expense.

Please make sure to update your child's immunization records and submit a copy to the CDC office staff with any necessary updates/changes.

PROFESSIONAL DEVELOPMENT DAY FOR CDC EMPLOYEES



In order to operate the CDC more smoothly and to improve the professionalism of the staff, a staff training session is scheduled for Friday, July 11 (8:00-14:30).

Please note that childcare on that day will be from 14:30 to 18:00.

ANNUAL HOUSEHOLD INCOME COLLECTION



The CDC collects proof of household income for childcare fee calculation each year. Please submit a copy of your 2024 gross income for both parents in a sealed envelope to our office staff **by July 25th.** This information is treated with secure confidentiality.

The document can be obtained from the city office by requesting a "shotoku- shomei-sho".

Click here for information about how to obtain the certificates from your municipal office.

If you did not live in Japan in 2024, please submit a copy of your pay slip along with a document of your gross income from your previous employer in 2024.

If you are a single parent, please let us know.

WATER PLAY IS ON THE WAY!

We will begin water play **from July.** Children will play with water, sprinklers, and water tables on a designated day.



Once the class determines the water play schedule, we will ask you to prepare clothes that can get wet, towel, separate shoes and hat for water play, a plastic bag for wet clothes, and two extra changes of clothes in their school bags. Please let teachers know if your child is ill, or you do not want your child to participate in water play when you drop off in the morning. Please see a doctor and get cured if your child has water wart on exposed body part.

PIN WORM TEST

We would like to start the pin worm test in preparation for water play. Please be sure to submit the pin worm test by the requested date since it takes 2 to 3 weeks for us to receive the test results.

We will send kits home on Monday, June 9. Please return them by Friday, June 13.

We will not allow children to participate water play if he or she has a stomachache, diarrhea, pink eyes, any cold symptoms, headache, open sores, or a slight fever. Children can participate in water play as long as any visible warts are removed or covered.



BUG BITE AND BUG REPELLENT

We do not allow children to bring in insect repellent spray to the CDC.

We ask parents to put bug spray or lotion on children before you arrive at the CDC.

If you are still concerned about bugs that bite, please consider using insect repellent patches, or sunscreen that has insect repellent so it can be applied when sunscreen is applied during the CDC School day.







JUNE 9, 2025 5:30-6:30 **REGISTRATION LINK**

Bring your gently used baby & kids items to the CDC parking lot to buy, sell, swap, or give away

Registration Required



BEWARE OF INFECTIONS IN GROUP CARE

Childcare centers are places where children live in groups, so inevitably infectious diseases tend to spread. There are a variety of infectious diseases, but here are three of the most common in summer. Let's check the symptoms.

Hand, foot and mouth disease

This is an infectious disease that causes a rash on the inside of the mouth and hands and feet. In addition to washing hands, care must be taken when handling diapers after changing them, as the virus may remain in the stool.

Herpangina

This is an infectious disease that causes various symptoms such as high fever and sore throat. Blisters may appear in the oral cavity, and the symptoms are similar to those of hand-foot-and-mouth disease, so care must be taken to distinguish between the two.

Pool fever (pharyngoconjunctival fever)

An infectious disease caused by the adenovirus that causes fever, sore throat, and conjunctivitis, it starts to spread in June and peaks in July and August, so be careful.

Prevention is the key!

There are many other infectious diseases that can be spread at the school. Many of them are droplet infections or contact infections, so we should continue to take precautions such as washing our hands. Please read through the following link to see procedures for illnesses.

Health and Safety | OIST Groups

PLEASE TURN OFF YOUR ENGINE DURING DROP-OFF & PICK-UP

Thank you for being mindful of others and turning off your car engine in the parking lots.

It is especially important as children are at the same height as our car exhaust tailpipes.

Stickers are sold (100 yen a piece) at the office. The money will be used for eco-friend activities through PATO.



Thank you for turning your engine off.

エンジンを切って

頂きありがとうございます。



JUNE SNACK MENU

	Monday	Tuesday	Wednesday	Thursday	Friday
A M	Corn Flakes/Milk コーンフレーク/牛乳 *Oatmeal/Soy Milk オートミール/豆乳	Banana/ バナナ	Yogurt/ Berry Mix ヨーグルト/ベリーミックス	Cheese/Crackers チーズ/クラッカー *Cheese/baby Senbei チーズ/ベビーせんべい	Rice Cracker/Prune せんべい/プルーン *Baby Senbei/Banana ベビーせんべい/バナナ
P M	Rice Ball (Grilled Rice Ball or Shiso) おにぎり (焼きおにぎり or 赤しそ)	Okinawan Crepe with Tuna/ ツナ入りヒラヤチー	Bread(Plain or with Strawberry Jam)/Milk *Pumpkin/Milk パン(プレーンorジャムサンド)/牛乳 *かぼちゃ/牛乳 milk	Apple/Calcium Senbei りんご/カルシウムせんべい *Apple Juice/Sweet Potato Oyaki *りんごジュース/ さつまいものおや	Oatmeal Cookies オートミールクッキー

SUBSTITUTIONS:

Due to availability or ripeness of fresh fruits or vegetables, substitutions may occur. (*Substitution for young toddler.) We will celebrate all June birthdays and the children will enjoy cake and milk with their friends on 6/27. 果物の入荷状況や熟度によってはメニューが変更することがあります。(* 印は小さなお子様用のおやつです。) 6/27(金)には6月のお誕生会をします。ケーキでお祝いします。

JUNE LUNCH CALENDAR ?

Monday 2 3 4 5 6 White Rice Grilled Pork w Miso Sauteed Vegetables & Mushrooms Stewed Taro Cabbage Salad Pumpkin Miso Soup 9 10 11 12 12 13 White Rice Grilled Pork w Sauce Minitated White Fish Santeed Eggplants w Miso Sterved Eggplants w Miso Sterved Eggplants w Miso Sterved Eggplants w Miso Surf-Fried Vegetables & Pork Green Bean Salad Taro Miso Soup 16 17 18 19 20 White Rice Grilled White Fish w Spring Onion Stir-Fried Surdock Hijki Salad Cabbage Miso Soup Stir-Fried Burdock Hijki Salad Cabbage Miso Soup White Rice Grilled White Fish w Spring Onion Stir-Fried Surdock Hijki Salad Cabbage Miso Soup Yushi Tofu 23 24 25 26 27 White Rice Port Chop Stir-Fried Green Vegetables Stewed Pumpkin Green Peers Salad Chinese Cabbage Miso Soup White Rice White Rice White Rice Orilled White Fish w Tornato Dressing Stir-Fried Surdock Hijki Salad Chinese Cabbage Miso Soup And Taro Miso Soup Tornation Stir-Fried Fish w Green Dessing Stir-Fried Burdock Hijki Salad Chinese Cabbage Miso Soup Another Salad Chinese Cabbage Miso Soup Another Salad Chinese Cabbage Miso Soup Another Salad Chinese Cabbage Miso Soup Tornation Stir-Fried Surdock White Rice White Rice White Rice White Rice White Rice Cream Stew White Rice Wh						
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Fu Miso Soup Chinese Cabbage Miso Soup Yushi Tofu Shiitake Mushroom Miso Soup 30 White Rice White Fish w Green Dressing Stir-Fried Burdock Okra Salad			·	Stawberry Jelly		-
30 White Rice White Fish w Green Dressing Stir-Fried Burdock Okra Salad			·			Udon Salad
White Rice White Fish w Green Dressing Stir-Fried Burdock Okra Salad		-	Chinese Cabbage Miso Soup		Yushi Tofu	Shiitake Mushroom Miso Soup
White Fish w Green Dressing Stir-Fried Burdock Okra Salad						
Stir-Fried Burdock Okra Salad						
Okra Salad		-				
Chinese Cabbage Miso Soup						
		Chinese Cabbage Miso Soup				





6月の献立表



Monday	Tuesday	Wednesday	Thursday	Friday
2	3	4	5	6
米飯 鶏肉の西京味噌焼き 小松菜ときのこのソテー キャベツサラダ 南瓜の味噌汁 9 米飯	米飯 白身魚の塩麹漬け 里芋の胡麻煮 大根の梅マヨサラダ 椎茸の味噌汁 10 米飯	米飯 チキンチャップ れんこんのカレー炒め 白菜のゆず和え 野菜スープ 11 カレーライス	米飯 白身魚の香草焼き 白菜のクリーム煮 ブ・ロッコリーのパーフ・和え 冬瓜のみそ汁 12 米飯	米飯 豚肉の梅風味 炒り鶏 がリフラワーの和え物 もずくのみそ汁 13
鶏肉のたれ焼なすの味噌煮ごぼうサラダ里芋のみそ汁16	白身魚のマリネ 回鍋肉風 いんげんの和え物 ゆし豆腐 17	菜の花の和え物 レモンゼリー 18	豚肉の二ラ醤油 かんぴょうと厚揚げの炒め煮 オクラのゆず和え もずくの味噌汁 19	ミニハンバーグ ふーちゃんぷるー パパイヤのしそ和え 椎茸のみそ汁 20
米飯 白身魚のネギ焼き 千切りイリチー 玉ねぎとコーン和え キャベツのみそ汁	米飯 豚肉のトマトドレッシング きんぴらごぼう ひじきのゆず和え 高野豆腐の味噌汁	ジューシー カレイの梅焼き もやし炒め 大根サラダ ゆし豆腐	米飯 お好みオムレツ ゴーヤーチャンプルー 大豆のフレンチ和え 小巻麩のみそ汁	米飯 魚のドレッシングかけ 野菜スープ煮 春雨サラダ 卵のみそ汁
23 米飯 ポークチャップ チキナーの炒め物 海草サラダ 花麩のみそ汁	24 米飯 ホキのカレー焼き かぼちゃの煮物 ピーマンのバジル和え 白菜のみそ汁	25 クリームシチュー ポテトサラダ ストロベリーゼリー	26 米飯 カレイのトマトソースかけ 人参シリシリ ブ・ロッコリーの和え物 ゆし豆腐	27 米飯 鶏の甘辛焼き キャベツきのこソテー うどんサラダ 椎茸のみそ汁
30 米飯 ホキのみどり酢ダレ ごぼうの炒め煮 オクラの梅和え 白菜のみそ汁				

TEDAKO GREEN TIPS

CDC and parent volunteers are bringing you tips on sustainability in the newsletter this year! Topics focus on tips for families and applauding efforts at Tedako. If you have a tip to share, please get in touch on oistpato.slack.com.



Green Curtains reduce energy consumption

The summer's heat and humidity have arrived and with them the need to switch on the air conditioning. One way to reduce the need for AC is to grow "Green Curtains" climbing plants in front of your windows or façade. The plants will shade your house and keep it cooler. More information can be found here:

https://willamette.edu/org/jssl/culture-resources/green-curtain/index.html

Our tip for Okinawa: Growing goya (bitter gourd), passion fruit (marakuja), or shikaku mame (winged beans). You will have shade and something to eat. Enjoy growing them with your kids!

JOIN PATO!

Open to all parents with children in the CDC and SAP

- Take part in family-oriented events such as holiday parties and children's movie nights
- Stay up-to-date on CDC and SAP news
- Help support CDC and SAP teachers, staff, families, and children
- Help support CDC and SAP activities and events
- Encourage, facilitate, and promote community within the CDC and SAP
- Make new friends and have fun!



CDC とSAPに通う、全ての子どもたちとご 家族のためのグループです

- ・ ホリデーパーティやムービーナイトなど家 族向けのイベントが盛りだくさん!
- CDCやSAPの最新情報をお届けします
- CDC,SAPの先生、スタッフ、子どもたちのサポート
- CDC とSAP のアクティビティやイベントのサポート
- CDCとSAPのコミュニティ作り
- PATOで新しい友達を作りましょう!

Come chat with us on Slack – Slack を通して**私達に話をし**に来てください!
https://oistpato.slack.com

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