



TEDAKO PRESCHOOL NEWSLETTER

JUNE 2023



SAVE THE DATE!



Birthday Parties

Ages 2 and above 6/16 (Fri) 14:50~

We will celebrate all children with June birthdays.

Upcoming Events

Water Play

July ~ End of September

Tanabata (Star Festival)

7/7 (Fri)

Professional Development Day

For CDC Employees

7/14 (Fri)

**CDC will open half-day from 14:30
on July 14 due to Staff
Professional Development Day.**

June Events

Parent Teacher Conference

6/19 (Mon) – 6/28 (Wed)

Bi-Annual Health Check Up

(Date to be determined)

Pinworm Test

Submission deadline: 6/9 (Fri)

Dental Check Up

6/29(Thu) 1:30p.m.~

Onna Village Childcare Consultation

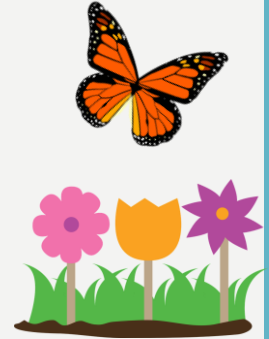
Service

6/30 (Fri) AM



JUNE CHILDCARE THEMES

The CDC uses a theme-based learning and our children learn and enjoy activities based on different themes that are set basically for every 2 weeks. We are excited to share with you the themes for May.



*Infant Class does not use themes and monthly songs are listed instead.

*Themes are subject to change depending on the children's development status and their interest.

Age Group	Class	Monthly Theme
Infant (0 year old)	Kukuru / Akasan	Monthly songs: “きらきら星” “Rain Rain Go Away”
Pre-toddler (1 year old)	Kanasan / Churasan / Umusan	“Summer” “Animal” “Insects / Bugs” “Life Cycle-Butterfly”
Toddler (2 years old)	Kafuu / Nuuji / Kugani	“Summer” “Animal” “Insects / Bugs” “Life Cycle-Butterfly”
Preschool (3-4 years old)	Nujumi / Wakatida / Miyarabi	“My Family” “Dental Health”
Preschool (5 years old)	Shinka	“My Family” “Dental Health”

PARENT-TEACHER CONFERENCES

We will conduct a Parent-Teacher Conference in June as follows. A sign-up will start on June 5.
(Meeting will be held in-person)

Class Name	Date
Kanasan	Friday, 6/23 @Conference Center Meeting Room 2
Churasan	Thursday, 6/22 @Conference Center Meeting Room 2
Umusan	Wednesday, 6/21 @Conference Center Meeting Room 2
Kugani	Wednesday, 6/28 @Conference Center Meeting Room 4
Nuuji	Thursday, 6/22 @Conference Center Meeting Room 4
Kafuu	Tuesday, 6/27 @Conference Center Meeting Room 4
Miyarabi	Thursday, 6/22 @Confrence Center Meeting Room 4
Wakatida	Wednesday, 6/21 @Confrence Center Meeting Room 3
Nujumi	Tuesday, 6/20 @ Confrence Center Meeting Room 3
Shinka	Monday, 6/19 & Friday, 6/23 @ Shinka Classroom

Time Commemoration Day

ときのきねんび

Time Commemoration Day (June 10)

Time Commemoration Day was created to remind people in Japan that time is important.

Why June 10?

The first clock in Japan struck its bell on June 10, which is why June 10 became Time Commemoration Day.



This is how the first clock looked!

Why is there 24 hours in a day?

A long time ago, Japan divided the day into 12 hours in accordance with the country of China.

However, about 150 years ago, the method of dividing the day into 24 hours was introduced from the West (from countries such as England and France).

Since then, people in Japan also began to divide the day into 24 hours.

Time Commemoration Day

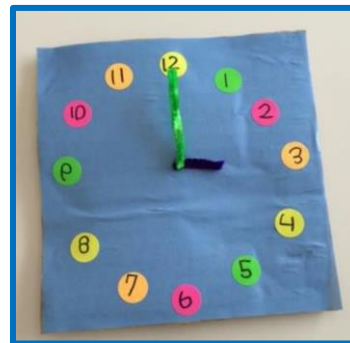
ときのきねんび

Let's talk about time!

We live our lives according to the time, such as "I get up at 7:00," "I go to CDC at 8:00," "I eat lunch at 11:00," and so on.

What time do you all get up?

At what time do you go to sleep, and at what time does your mom or dad come to pick you up?



Let's make your own clock or watch!

WELCOME REINA!!

Reina joined us from May as a Japanese lead teacher in Churasan Class



Hello CDC family! My name is Reina Takara. I was born and raised here in Okinawa. I was working at Tedako CDC two years ago and after I left Tedako, I worked with the children of United States military families on Kadena base CDC. I am so happy to be back at Tedako again and seeing all the familiar faces!

I spend my free time reading, playing piano, and anything outdoors that I can do with my dog Cookie and Kari! I studied early childhood education in my college and after graduating from college, I became an Au Pair in New York for two years where I looked after five children ranging from 1-6 years of age. This gave me an exciting opportunity to become closer with younger children and helped me decide what I wanted to become in the future.

I am look forward to getting to know your child and family!

WELCOME NAO!!

Nao joined us from May as a support staff in Nujumi Class



My name is Nao Michikami.

I moved to Okinawa a year ago from Osaka. In college, I studied language acquisition, and I am fascinated with how children learn. I have experience working with 3 years old children in a bi-lingual international school for 2 years in Osaka. I missed the time being around with children, so I decided to work at OIST CDC. I'm grateful to be a part of your child's daily life at OIST CDC. I can't wait to be around with the wonderful children. Please feel free to ask me about Osaka if you are interested!

Thank you for your time to read my self introduction.

WELCOME AI!!

Ai joined us from May as a support staff in Churasan Class



Hello. Nice to meet you.

My name is Ai Toguchi. I am from Nago City, Okinawa.

I studied psychology at a university in Nagano Prefecture and graduated two years ago. After that, I worked in a Japanese Hoikuen with children 1 years old. Then, I worked as a PR staff at a food company in Osaka, but I missed working with children, so I decided to start working as an assistant staff at CDC.

I am a food lover. I often bake bread, make sweets, and cook a lot. Recently, I have become addicted to Korean food. I also love to spend time in nature and travel.

Last year, I spent half a year living in a studio that made handmade wool crafts in Hokkaido. I also like taking pictures, making videos and drawing pictures.

I am very excited to imagine a colorful life with the children and staff of the CDC and I hope to learn many things every day and grow together with the children. I look forward to meeting you!

WELCOME KAORI!!

Kaori joined us from May as a support staff in Akasan Class



My name is Kaori Tasaki.

I am from Miyazaki prefecture in Kyushu and moved to Okinawa 3 years ago. I have two children, a son 23 years old and a daughter 21 years old.

I worked as a childcare teacher for many years and have experience in taking care of all ages from 0 to 5 years old. Every age has its own challenges and rewards. And there is cuteness and growth, which I have shared with parents and teachers. My goals for childcare are provide careful childcare that respects the individuality of each child.

In order to provide good childcare for children, I am willing to take on new challenges as well as my own experiences.

WELCOME MIYU!!

Miyu joined us from May as a support staff in Kanasan Class



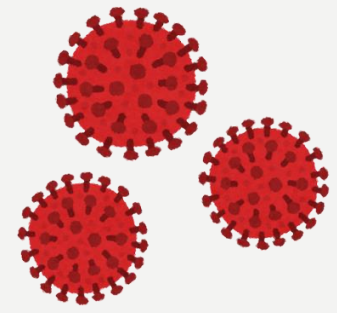
Hello! My name is Miyu.
I'm from Hyogo. And moved in Okinawa for 5years.
I really enjoying Okinawa with my 10monthes daughter.

I'm very happy to see children everyday when I worked at a hotel as a kid's program staff.
So I'm really exited to join CDC team.

I want to grow up with childrens for learning a lot of cultures and languages.
And from June, my daughter will join here!

Thank you.

EXCLUSION POLICY (SICKNESS & INFECTION)



We thank you for your continued understanding of the safe operation of the CDC. Please take a moment to review the following update to the Exclusion Policy.

In case of a CDC child testing positive for COVID-19

Children who have infected with COVID-19 will be excluded from school for at least 5 full days, counting the day of onset of symptoms as Day 0.

If symptoms (fever, phlegm, sore throat, etc.) persist on the fifth day, the children should not resume attendance to the CDC until 24 hours have passed after the symptoms have abated.

If asymptomatic, children can be readmitted to the CDC after 5 full days (6th day) from the day they test positive.

[Doctor's Opinion Form](#) is required for readmission.

Click [here](#) for the most up-to-date CDC exclusion policy.

***CDC General COVID-19 procedures was abolished as of May 8.**

Color Hats

To enhance the safety during the outdoor play time at CDC, we have decided to use color hats **for Pre-Toddler, Toddler and Pre-School age children** starting June 1.

Teachers chose different colors for each class, so that they can more easily identify which children are in their class during outdoor play to keep track of children and enhance the safety.

The hats will be purchased by CDC when the children enter the Toddler Classroom (Age 2-3) and will be used until they leave the CDC (up to 4 years if children stay until elementary school)

< **Requests for Kind Cooperation for Toddler and Preschool Parents** >
(Kafuu / Nuuji / Kugani / Nujumi / Wakatida / Miyarabi)

- **From June 1, please take the hat off your child(ren) at pick up and hang it up once the child is checked out of our care.**
- We will send the hat home on Friday. Please wash and return it to the class on Monday.
- Please note that if the hat is lost, we will ask parents to re-purchase it (aprox. cost 1000 JPY).



WATER PLAY IS ON THE WAY!

We will begin water play **from July**. Children will play with water, sprinklers, and water tables on a designated day.



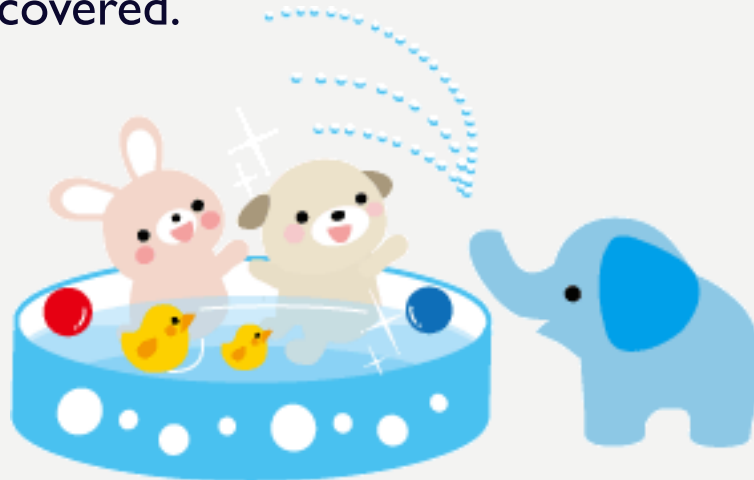
Once the class determines the water play schedule, we will ask you to prepare clothes that can get wet, towel, separate shoes and hat for water play, a plastic bag for wet clothes, and two extra changes of clothes in their school bags. **Please let teachers know if your child is ill, or you do not want your child to participate in water play when you drop off in the morning.** **Please see a doctor and get cured if your child has water wart on exposed body part.**

PIN WORM TEST

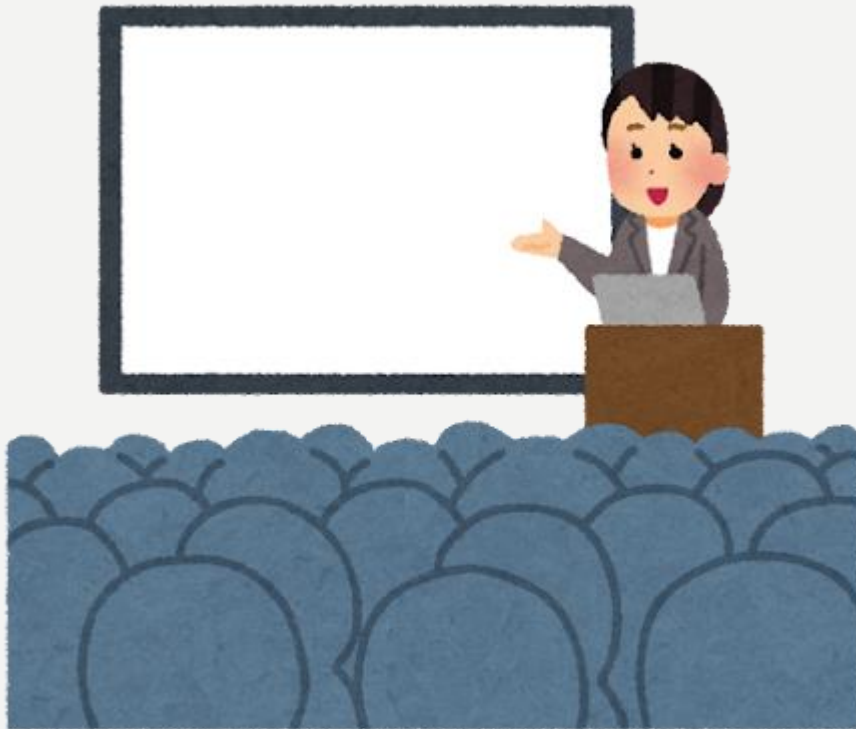
We would like to start the pin worm test in preparation for water play. Please be sure to submit the pin worm test by the requested date since it takes 2 to 3 weeks for us to receive the test results.

We will send kits home on Monday, June 5. Please return them by Friday, June 9.

We will not allow children to participate water play if he or she has a stomachache, diarrhea, pink eyes, any cold symptoms, headache, open sores, or a slight fever. Children can participate in water play as long as any visible warts are removed or covered.



PROFESSIONAL DEVELOPMENT DAY FOR CDC EMPLOYEES



In order to operate the CDC more smoothly and to improve the professionalism of the staff, a staff training session is scheduled for Friday, July 14 (09:30-13:30).

Please note that childcare on that day will be from 14:30 to 18:00.

PLEASE TURN OFF YOUR ENGINE DURING DROP- OFF & PICK-UP

Thank you for being mindful of others and turning off your car engine in the parking lots.

It is especially important as children are at the same height as our car exhaust tailpipes.

Stickers are sold (400 yen a piece) at the office. The money will be used for eco-friendly activities through PATO.













Thank you
for turning your engine off.

エンジンを切って
頂きありがとうございます。



JUNE SNACK MENU

	Monday	Tuesday	Wednesday	Thursday	Friday
A M	Corn Flakes/ Soy Milk コーンフレーク/豆乳 	Corn/Crackers *Creamy Corn/ Crackers クリームコーン/ 野菜クラッカー 	Banana/Milk バナナ/牛乳 	Yogurt/ Berry Mix ヨーグルト/ベリーミックス 	Brown Rice Senbei/ Dates  *Wheat Crackers / Creamy Corn 五穀クラッカー/クリームコーン
P M	Wheat Crackers/ Cheese 五穀クラッカー/チーズ 	Cereal Bar *Corn Flakes/ Soy Milk シリアルバー *コーンフレーク 	Rice Ball (Sesame & Salt or Shiso) おにぎり (ごま塩 or 赤しそ) 	Bread/Soy Milk パン/豆乳 *Pumpkin/Soy Milk かぼちゃ/豆乳 	Pumpkin Cake/ カボチャケーキ 

SUBSTITUTIONS:


Due to availability or ripeness of fresh fruits or vegetables, substitutions may occur. 果物の入荷状況や熟度によってはメニューが変更することがあります。* Substitution for young toddler. * 印は小さなお子様用のおやつです。

We will celebrate all June Birthdays and the children will enjoy cake and Soy milk with their friends on 6/16.

6/16(金)には6月のお誕生会をします。ケーキと豆乳でお祝いします。



JUNE LUNCH CALENDAR

Monday	Tuesday	Wednesday	Thursday	Friday
			1	2
	  		Rice Flat Fish w Tomato Sauce Stir-Fried Shredded Carrot Eggplant w Vinegar Yushi Tofu	Rice Grilled Chicken Sauteed Cabbage & Mushrooms Udon Salad Maitake Mushroom Miso Soup
5	6	7	8	9
Rice White Fish w Vinegar Dressing Stir-Fried Burdock Okra Salad Chinese Cabbage Miso Soup	Rice Grilled Chicken w Salt Hijiki Cauliflower Salad Yushi Tofu	Rice Grilled White Fish w Herbs Sweet & Sour Pork Coleslaw Wakame Seaweed Soup	Rice Steamed Meat Dumpling Mapo Vermicelli Bamboo Shoot Salad Koya Tofu Miso Soup	Rice Egg Omlet w Sauce Stewed Winter Gourd Green Veggies Salad Pork Miso Soup
12	13	14	15	16
Rice Tofu Hamburg Stir-Fried Kanpyo Potato Salad Wakame Miso Soup	Rice Salt-Marinated Fish Daiko Strips Eggplant Salad Pork Salad	Curry & Rice Onion Salad Lemon Jelly	Rice Egg Omlet Stewed Chicken & Pumpkin Spinach Salad Winter Gourd Miso Soup	Rice Stir-Fried Chicken w Spring Onion Stir-Fried Bean Sprouts Broccoli Salad Deep-Fried Tofu Miso Soup
19	20	21	22	23
Rice Grilled Fish w Japanese Plum Mapo Winter Gourd Cabbage Salad Maitake Miso Soup	Rice Grilled Pork w Sauce Stewed Pork & Veggies Burdock Salad Egg Miso Soup	Okianwan Mixed Rice Stewed Chicken & Egg Ratatouille Nanohana Salad Komatsuna Miso Soup	Rice Vegetable Hamburg Stir-Fried Vermicelli Okra Salad Pumpkin Miso Soup	Rice Egg Omlet Stewed Broccoli in Cream Bean Sprouts Salad Pork Miso Soup
26	27	28	29	30
Rice Deep-Fried Chicken Stir-Fried Daikon Strips Potato Salad Spinach Miso Soup	Rice Marinated White Fish Stir-Fried Shredded Carrot Seaweed Salad Yushi Tofu	Rice Corn & Cream Croquette Stewed Goya w Miso Cauliflower Salad Chinese Cabbage Miso Soup	Rice Grilled Red Fish w Ginger Stewed Chicken & Winter Gourd Hijiki Salad Taro Miso Soup	Rice Chicken w Ketchup Stir-Fried Tofu Pumpkin Salad Mozuku Miso Soup

TEDAKO GREEN TIPS

CDC and parent volunteers are bringing you tips on sustainability in the newsletter this year! Topics focus on tips for families and applauding efforts at Tedako. If you have a tip to share, please get in touch on oistpato.slack.com.



Green Curtains reduce energy consumption

The summer's heat and humidity have arrived and with them the need to switch on the air conditioning. One way to reduce the need for AC is to grow “Green Curtains”—climbing plants in front of your windows or façade. The plants will shade your house and keep it cooler. More information can be found here:

<https://willamette.edu/org/jssl/culture-resources/green-curtain/index.html>

Our tip for Okinawa: Growing goya (bitter gourd), passion fruit (marakuja), or shikaku mame (winged beans). You will have shade and something to eat. Enjoy growing them with your kids!



JOIN PATO!

Open to all parents with children in the CDC and SAP

- Take part in family-oriented events such as holiday parties and children's movie nights
- Stay up-to-date on CDC and SAP news
- Help support CDC and SAP teachers, staff, families, and children
- Help support CDC and SAP activities and events
- Encourage, facilitate, and promote community within the CDC and SAP
- Make new friends and have fun!



CDC とSAPに通う、全ての子どもたちとご家族のためのグループです

- ホリデーパーティやムービーナイトなど家族向けのイベントが盛りだくさん！
- CDCやSAPの最新情報をお届けします
- CDC,SAPの先生、スタッフ、子どもたちのサポート
- CDC とSAP のアクティビティやイベントのサポート
- CDCとSAPのコミュニティ作り
- PATOで新しい友達を作りましょう！

Come chat with us on Slack – Slack を通して私達に話をしに来てください！
<https://oistpato.slack.com>

Join Our Mailing List
メーリングリスト

Email oist.pato.group@gmail.com

View Our Website
ウェブサイト

<https://groups.oist.jp/pato>

Join Our Facebook Group
フェイスブックページ

<https://bit.ly/337UGzb>