



TEDAKO PRESCHOOL NEWSLETTER

MARCH 2023



SAVE THE DATE!



Birthday Parties

3/17 (Fri) 15 : 00~

We will celebrate children ages
2 and above with March birthdays.

Upcoming Events

Hinamatsuri Event: **Canceled**

**SY2023 New Class Orientation: March 6
@ B250 and Online 11:30 - 14:30**

(Zoom link to be provided)

Time	Session
11:30-12:00	General Admin Info
12:00-12:30	Infant Class
12:30-13:00	Pre-toddler Class
13:00-13:30	Toddler Class
13:30-14:00	Preschool Class
14:00-14:30	Shinka Class

**Graduation Ceremony: March 24 @ OIST
Auditorium 16:30 -**

HINAMATSUTRI

Here is a little fun fact about Hinamatsuri we would like to share.

まっ ひな祭り

Hinamatsuri

Hinamatsuri is the festival of peaches on March 3rd, which is the day to celebrate girls. We celebrate the healthy growth and happiness of the girls.

ひな祭りとは、3月3日の桃の節句のことで、女の子のお祝いをする日。女の子の健やかな成長や幸せを祈って、お祝いをします。

Hina dolls are said to protect children from illness and accidents on behalf of them.

Therefore, people decorate the dolls with wishes for the girls to stay healthy and happy.

雛人形は、子どもたちの代わりに病気や事故から守ってくれるとされています。そのため、女の子が元気で幸せになるようにお祝いやの気持ちや願いを込めて飾ります。

In the old days, people used to make dolls out of paper and let them flow into the river so that the dolls could take bad things such as illness or injury away.

昔は、紙で雛人形を作って、病気やけがなどのよくないものを持っていってもらように川に流す「流し雛」をしていたそうです。



HINAMATSURI

How Do People Celebrate Hinamatsuri

Decorate Hina Dolls



Decorate Hina Dolls between Setsubun and the mid-February. It is said that it is better to put the dolls away as soon as the festival is over.

Eat Hina-arare



Hina-arare (rice crackers) has three colors. Pink symbolizes life, white for snow-covered fields, and green for buds of trees. It is believed that eating this colored snack will give people strength of nature and live well.

Eat Chirashi-zushi and Hamaguri



Hamaguri (clams) are thought to be auspicious food.

People cook Chirashi-zushi (Scattered sushi) using auspicious ingredients and eat with their family.

PARENT ORIENTATION

As new school year starts from April, we will hold a parent orientation for each age group on March 6 as follows. Attendance is not mandatory, but you are encouraged to join the orientation to know more about your child's new classroom. The general admin information will be given prior to the classroom orientation from 11:30 to 12:00.

Class Name	Date	Time
Infant (Kukuru, Akasan)	March 6 (Monday)	12:00 – 12:30
Pre-toddlers (Kanasan, Churasan, Umusan)	March 6 (Monday)	12:30 – 13:00
Toddlers (Kugani, Nuuji, Kafuu)	March 6 (Monday)	13:00 – 13:30
Preschool (Miyarabi, Wakatida, Nujumi)	March 6 (Monday)	13:30 – 14:00
Shinka	March 6 (Monday)	14:00 – 14:30



SUBSIDY FOR CHILDCARE FEES ~FY2023 APPLICATION~

Eligible Age : Date of Birth between 2019.4.2 to 2020.4.1

Eligible Family : Both Parents Working or Students who needs childcare (minimum 64 working hours per month)

Required paperwork : Application Form (Download from Village/City office Webpage)

Work Certificate (Apply in HEART H5)

Student ('Certificate of Registration' from Student Support Office)

You will apply at your municipality with required paper. After you get certificate of getting subsidy, please submit the certificate copy to CDC office. Every 3 months CDC will issue 'Receipt and Service Certificate', then you will claim for childcare fee you have paid and reimbursed up to maximum 37,000 JPY from Village/City office. All paperwork is in Japanese. If you need support, please contact at yuko.koki@oist.jp

If you would like to get subsidy from April, please start to apply now and complete it around middle of March.



TEDAKO CDC GRADUATION CEREMONY

There are only a few days left for most of Shinka children to spend in their class. All of us at the CDC are happy to see how much they have grown both physically and mentally since entering the CDC. We are pleased to announce that we will be holding a graduation ceremony to close out the school year.

Date : Friday, March 24, 2022

Time: 16:30-

Venue : OIST Auditorium

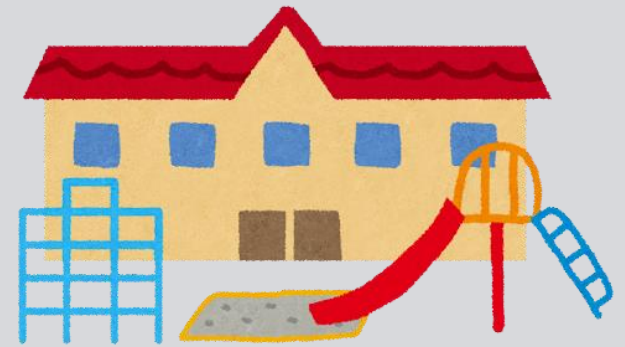
Attire : Children will wear a gown at CDC



REQUEST FOR COOPERATION WITH EARLY PICK-UP TO PREPARE FOR THE NEW SCHOOL YEAR

A new school year will begin in April. On Friday, March 31, the last day of the current school year, we will be preparing for the next school year's activities (e.g., preparing the classroom, preparing and organizing materials and the teaching plans, and preparing activities for the first day).

We ask for your cooperation in picking up your child early by 2:30pm from CDC on March 31 as much as possible.



ANNUAL REGISTRATION AND EVENT FEES

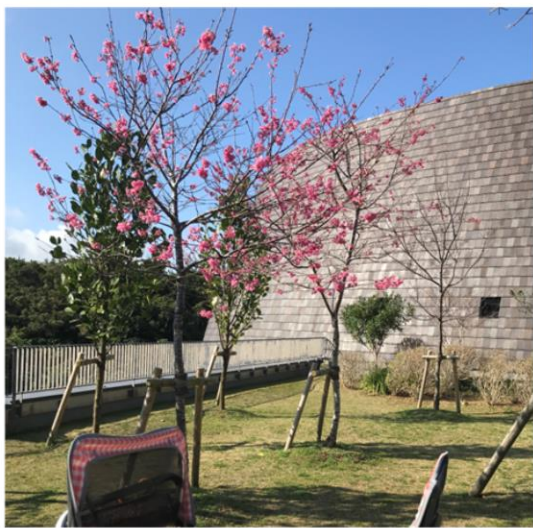


In April, Tedako will charge an annual registration and event fee in addition to childcare, snack and lunch fees.

The registration fee is 10,000 JPY per child and the event fee is 10,000 JPY per child ages 3-6 and 2,500 JPY per child ages 1-2.

OIST Employees will pay the fees via payroll deducted on April 15th, others will receive an invoice for bank transfer.

Please contact CDC Admin if you have any further questions.



TAKING A WALK

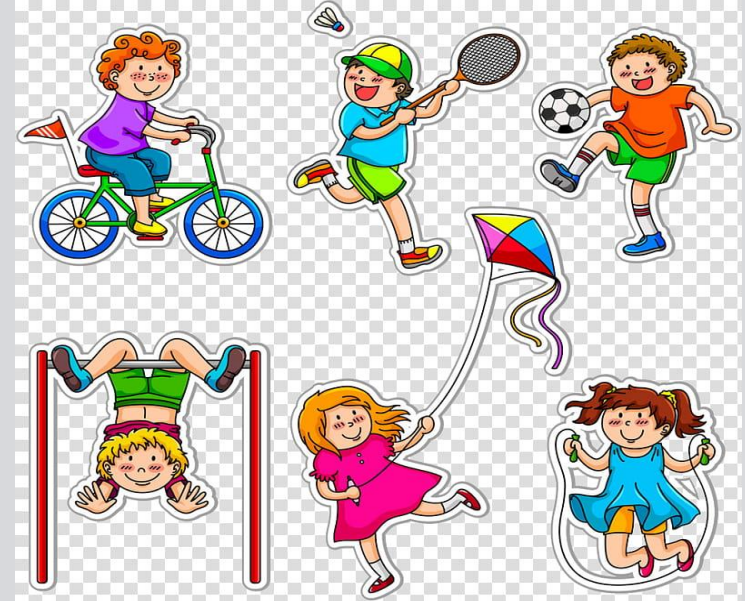
Children in the Kukuru and Akasan classes ride on their strollers and enjoy daily walks with scenery changing with the seasons. This month, they were able to fully enjoy the beautiful cherry blossom trees. The children also enjoy the spectacular view of Okinawa from the OIST campus as they go for a walk, admiring the different colors of the ocean and feeling the fresh air outside on their skin. Sometimes they get off the strollers and play on the grass, touching plants, trees, and other living creatures to experience nature with their whole bodies and nurture their senses. It is truly a wonderful experience for the children to be surrounded by and grow up in such a nature-rich environment.



MOVE, MOVE, MOVE !

Children love moving their bodies! In early childhood, children learn and exploring their world by moving their bodies. At CDC, we provide children outside and inside time movement activities like running, dancing, hopping, crawling, and playing on balance beam. Motor skills are broken up into two categories: Gross motor skills and Fine motor skills. Mastering both are important for children's growth and independence.

The development of gross motor skills also supports the development of fine motor, visual, and oral motor skills!!



•**Gross motor skills:** skills that involve large muscles (arms, legs, trunk) to perform whole-body movements

•**Examples:**

walking/running, throwing/catching ball, cycling, jumping, climbing a ladder

•**Fine motor skills:** skills that involve small muscles (typically fingers and wrist) to perform precise movements

•**Examples:** using a pencil/scissor, building with Legos, buttoning shirt, feeding self

TODDLER STYLE MATH!

What Does Math Look Like with Toddlers?

According to research, math education begins by developing a child's math literacy and building on rapid brain development from birth to five. Early math is a broad range of basic concepts such as:

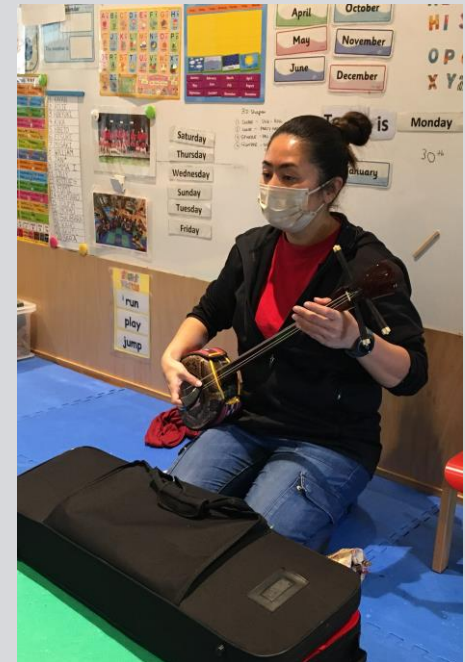
- Counting numbers.
- Perception of quantity if it is more or fewer.
- Identifying shapes such as circles, squares, triangles.
- Understanding spatial relations like over or under, back and forward.
- To have an idea of measurement like which is taller, and which is short.
- Identifying colors and pattern.

Besides working on math specific activities in the toddler classes, we also infuse simple math concepts and language throughout the daily routines. Children will work on puzzles (spatial awareness and shapes) with simple shapes or patterns that gradually becoming more complex. We will practice counting together how many children are in class during morning group or how many senbei a child wants at snack time (number knowledge). During clean up times we guide children to sort materials back into their correct bin (patterns). We use descriptive language as we talk with children or read stories to them (ability to make direct comparisons). "Look how big the bear is and how small the little boy is!" Many of our songs and stories have math ideas and number chanting. We use visual charts with the children to track ideas, activities and preferences. This language rich environment with age-appropriate exploration are precursors to developing more advance math skills later.

DIVERSITY AND OKINAWAN CULTURE

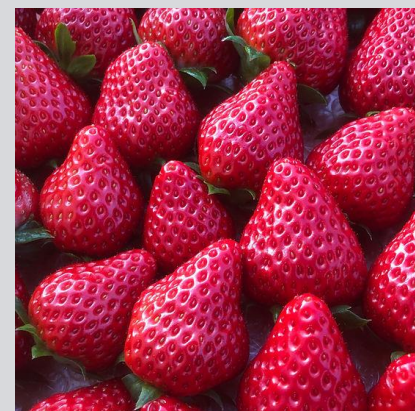
This month we have been exploring diversity and inclusion within our school and community. As our school widens and becomes more diverse and inclusive, it's important for all of us to understand that everyone's experience is unique and a strong community member seeks to understand the perspectives of those who are different from them. In our preschool classes, we celebrate our differences and reflect on the experiences that bring us together. This month, our students enjoyed reading: 'It's ok to be different' by Todd Parr, which combines rainbow colors, simple drawings and reassuring statements to make us all understand the need for inclusive spaces, promoting affinity among our students and showing respect to the perspectives of those who are different from us.

As we learned about diversity and different ways to see the world, we also explored our little corner of the world, the one we call home and surrounds us with its beautiful traditions and natural resources. We learned about various municipalities, traditional products, geography and places to visit. We are lucky to be citizens of the world, growing together and respecting one another and also sharing this beautiful island.



FUN FIELD TRIP

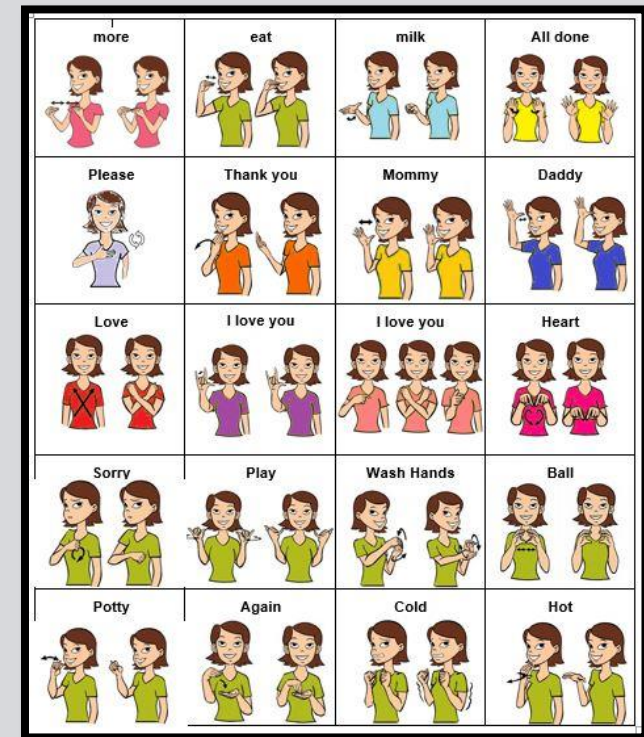
The Shinka class children went for their first school excursion! The children all enjoyed riding on the bus with their friends, even though it was a little bit of a long trip. The first stop was the Ginoza roadside station where the children played on the giant play structure and ate their home lunch boxes. The giant slide was very popular with the children finding creative ways to get more speed while going down. The next stop was Bamse Strawberry Farm. The children loved eating the strawberries and as a class we ate over 900, with a few of the students breaking the 50 strawberry mark! On the way back on the bus almost all of the children fell asleep.



BABY SIGN LANGUAGE

Baby sign language basics offers multiple benefits for children:

- Reducing frustration
- Facilitating language development
- Encouraging gesturing, pointing



The Kukururu class teachers are using some baby sign language everyday. If you are interested in using baby sign language with your child please let us know and we can share a basic guide sheet that you can use to work together with your baby at home.

CDC NO NUTS POLICY

Due to severe allergies, no nuts are allowed. Please be aware that some prepackaged snacks contain nuts.

Please check the ingredients on all packaging carefully before sending it to school with your child.



MARCH SNACK MENU

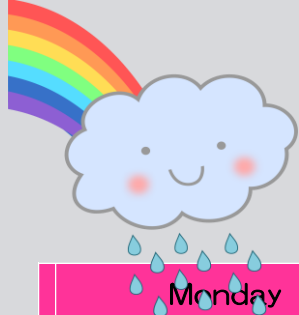
	Monday	Tuesday	Wednesday	Thursday	Friday
AM	Brown Rice Cereal/ Soy Milk 玄米フレーク/ 豆乳 	Calcium Senbei/ Corn カルシウムせんべい/ コーン 	Yogurt/Mixed Berries ヨーグルト/ ミックスベリー 	Vegetable Cracker/ Tangerine オレンジ/ カルシウムせんべい 	Brown Rice Senbei *Veggie Crackers 玄米せんべい/ *野菜クラッカー 
PM	Wheat Crackers/ Cheese 五穀クラッカー/ チーズ 	Banana バナナ 	Edamame/ Veggie Crackers *Broccoli/ Veggie Crackers 枝豆/ 野菜クラッカー *ブロッコリー/ 野菜クラッカー 	Bread/ Milk *Kinako-Fu/ Soy Milk パン/牛乳 *きな粉麩/豆乳 	Pumpkin Cake かぼちゃケーキ 

SUBSTITUTIONS:

Due to availability or ripeness of fresh fruits or vegetables, substitutions may occur.
果物の入荷状況や熟度によってはメニューが変更することがあります。

* Substitution for young toddler. * 印は小さなお子様用のおやつです。

We will celebrate all March Birthdays and the children will enjoy cake and Soy milk with their friends on 3/17.
3/17 (金) には3月のお誕生会をします。ケーキと豆乳でお祝いします。



MARCH LUNCH CALENDAR

Monday	Tuesday	Wednesday	Thursday	Friday
		1	2	3
		Rice Omlet w Tuna Stir-Fried Burdock Konjac Salad Yushi Tofu	Rice Mini Hamburg Stewed Port & Vegetables Spinach Salad Fu Miso Soup	Rice Grilled Chicken Stir-Fried Eggplant Dried Daikon Strip Salad Egg Soup
6	7	8	9	10
Rice Chinen Nanban Sauteed Veggies & Mushrooms Cabbage Salad Pumpkin Miso Soup	Rice Salt-Marinated Fish Braised Taro w Sesame Daikon Radish Salad Maitake Miso Soup	Curry & Rice Chinese Cabbage Salad Lemon Jelly	Rice Grilled Fish w Herbs Stewed Chinese Cabbage in Cream Bloccoli Salad Winter Gourd Miso Soup	Rice Pork w Japanese Plum Stir-Fried Chicken Cauliflower Salad Mozuku Miso Soup
13	14	15	16	17
Rice Grilled Chicken Stewed Eggplant w Miso Burdock Salad Taro Miso Soup	Rice White Fish Piccata Stir-Fried Cabbage & Pork Green Bean Salad Yushi Tofu	Okinawan Mixed Rice Chicken Cutlet Hijiki Nanohana Salad Chiese Cabbage Miso Soup	Rice White Fish w Soy Stir-Fried Kanpyo w Tofu Okra Salad Mozuku Miso Soup	Rice Mini Hamburg Stir-Fried Fu Papaya Salad Maitake Miso Soup
20	21	22	23	24
Rice Grilled White Fish w Spring Onion Stir-Fried Dried Daikon Strips Onion & Corn Salad Daikon Radish Miso Soup	Spring Equinox Day	Rice Grilled Fish w Japanese Plum Stir-Fried Bean Sprouts Daikon Radish Salad Yushi Tofu	Rice Omlet w Pork & Veggies Stir-Fried Goya Chinese Cabbage Salad Fu Miso Soup	Rice Fish w Dressing Stewed Vegetables Vermicelli Salad Egg Miso Soup
27	28	29	30	31
Rice Pork Chop Stir-Fried Mustard Greens Seaweed Salad Fu Miso Soup	Rice White Fish w Curry Braised Pumpkin Green Pepper Salad Chiese Cabbage Miso Soup	Rice Chicken Meat Ball Stir-Fried Green Beans Potato Salad Wakame Miso Soup	Rice Flat Fish w Tomato Sauce Stir-Fried Carrot Eggplant Salad Yushi Tofu	Rice Chicken Karaage Sauteed Cabbage & Mushrooms Udon Salad Maitake Miso Soup

TEDAKO GREEN TIPS

CDC and parent volunteers are bringing you tips on sustainability in the newsletter this year! Topics focus on tips for families and applauding efforts at Tedako. If you have a tip to share, please get in touch on oistpato.slack.com.



Voting for the Planet

Children will be much more effected by climate change than adults today. Children born in 2020 are up to 7 times more likely to experience extreme weather events than people born in 1960 ([ref](#)).

As adults, voting for climate-friendly leadership is one of the most powerful actions we can take. Consider who the climate friendly candidates are when you next cast your vote in a government election, for a board member, or committee chair. Even the small actions of a local board member can add up to big changes for a community and, in turn the world.



JOIN PATO!

Open to all parents with children in the CDC and SAP

- Take part in family-oriented events such as holiday parties and children's movie nights
- Stay up-to-date on CDC and SAP news
- Help support CDC and SAP teachers, staff, families, and children
- Help support CDC and SAP activities and events
- Encourage, facilitate, and promote community within the CDC and SAP
- Make new friends and have fun!



CDC とSAPに通う、全ての子どもたちとご家族のためのグループです

- ホリデーパーティやムービーナイトなど家族向けのイベントが盛りだくさん！
- CDCやSAPの最新情報をお届けします
- CDC,SAPの先生、スタッフ、子どもたちのサポート
- CDC とSAP のアクティビティやイベントのサポート
- CDCとSAPのコミュニティ作り
- PATOで新しい友達を作りましょう！

Come chat with us on Slack – Slack を通して私達に話をしに来てください！
<https://oistpato.slack.com>

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