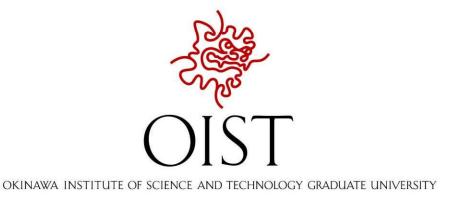
Updated: 2021 Jun 10

# **Student Support Orientation**

Student Affairs Section

Ohayo gozaimasu! (Good morning!)



### **Student Affairs Section**



- Level B, Lab3
- Office Hours: 9:00am~12:00pm, 1:00-5:30pm
- Contact: 098-966-2271, gs-support@oist.jp
- Student's website:

https://groups.oist.jp/grad/current-students

## Senior Manager Kozue HIGASHIONNA

**Assistant Manager**Midori MORINAGA

Student Support Team Yumiko TOKASHIKI Koharu KOMIYAMA

Financial Team
Midori MORINAGA
Hanako ADACHI

Travel Team
Shiho UEZU
Ayano SUNAGAWA
Atsuko AFUSO

# **Emergency**

### **OIST HELPLINE 098-966-8989**

24/7, both Japanese and English

Please tell following information to the staff.

- ➤Your name
- ➤ Your student status
- **≻**Situation

### **Public Emergency Numbers**

- ▶119 Ambulance & Fire
- ➤ 110 Police (Car Accident & Crime)

### **Student Affairs Emergency**

>gs-emergency@oist.jp



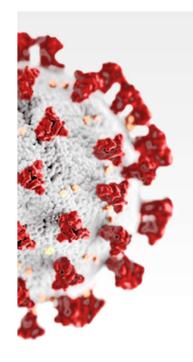


\*These contacts are emergency only. (No daily inquires)



# COVID-19: https://www.oist.jp/covid-19

"...current restrictions until the end of Wednesday May 20, 2020. ..." (May 7, 2020 Update: From President Gruss)



### OIST Response to COVID-19



OIST Research and Community Projects

Learn how OIST researchers are addressing the COVID-19 pandemic

Explore our projects >



Support Our COVID-19 Response

Support OIST projects that aim to find solutions for COVID-19

Find out ways to support >



Guidance for Staff and Students

Keep on top of the latest guidance for OIST staff and students

Look for guidance >



## **Typhoon Guidelines**

### When typhoon approaches Okinawa,

If Japan Meteorological Agency(JMA) issues "Storm warning- Bohu keiho 暴風警報", OIST will be closed.

JMA website <a href="https://www.jma.go.jp/en/typh/">https://www.jma.go.jp/en/typh/</a>

Please check Typhoon Information updated at,

- 1.TIDA (OIST portal site) <a href="https://tida.oist.jp">https://tida.oist.jp</a>
- 2. **E-mail by SECOM** emergency e-mailing system.



### Be prepared and Stay safe!

Prepare extra food, water and batteries.

You can find typhoon and other disaster tips here.

https://groups.oist.jp/ja/living-guide/emergency-0





### Heatstroke & Sunburn

#### To prevent heatstroke...

- ✓ Consume fluids and salts frequently
- ✓ Stay out of heat
- ✓ Do not drink alcohol heavily the day before going to the beach
- ✓ Use a hat & parasol



#### Call an ambulance if...

- Can not speak clearly
- Unconscious
- Can not take fluids by themselves



#### To prevent sun burn...

- ✓ Apply sunscreen
- ✓ Wear a hat, sunglasses and long sleeve shirts
- ✓ Keep your skin moisturized (skin lotion, aloe gel)

#### Please visit dermatology clinic if...

You have a blister



## Dangerous Creatures in Okinawa

### **Habu Snake**

- From night to early morning (April to November)
- Be careful at caves, walls, in the bush
- If you get bitten, call an ambulance immediately.
- Do not suck the poison out
- If it takes time to see a doctor, in order to slow venom spread, apply a pressure bandage around the entire length of the bitten extremity. (See a pic above)





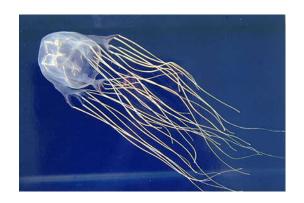
### **Box jellyfish (Habu Kurage)**

- From May to October
- Can be found in water as shallow as 50cm
- Swim inside of jellyfish net. Cover your skin with rash guard

#### First aid for box jelly fish stings

- 1. Leave the water and do not rub the affected area.
- 2. Pour a lot of vinegar on tentacles.
- 3. Carefully remove the tentacles by hand.
- 4. If it hurts, apply ice or cold water.

If the victim stops breathing, perform CPR and call an ambulance immediately.



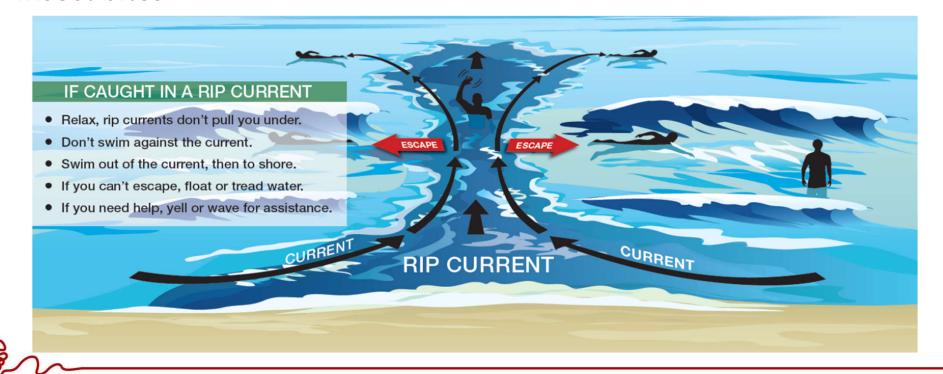


### **Be Concerned**

- Swim within Safety net
- Mind Rip Current
- No BBQ/Fire on the beach
- Injury at coral or rocky area
- Food poisoning
- Insect bites







# **Transportation around OIST**

#### > OIST Shuttle Bus: Free with OIST shuttle bus pass

https://groups.oist.jp/bfm/shuttle-bus

- ①Ishikawa Line (Weekdays/Weekends)(San-A, Tabata, shopping area),
- ②Ishikawa IC Line (Highway express bus stop),
- 3 Seragaki Line (Marine science station and Onna municipal office)
- **4** Campus Loop Bus

### > OIST Rental Car : Charged

https://groups.oist.jp/bfm/rental-car-service
Before you drive, please check your drive eligibility in Japan.



### University Parking:

OIST Permit Tags is required to park on all OIST property. Please request from BFM Service Catalog.

**BFM Service Catalog (for requesting Parking Tag)** 

https://services.oist.jp/bfmsp?id=sc\_cat\_item&sys\_id=0b7ff25d1bf5b8d48fbadc24cc4bcb19&sysparm\_subcategory=dd0906401b3db0948fbadc24cc4bcb63





## Transportation around OIST

**Local Bus:** Charged

http://okinawabus.com/en/rb/

Bus# 120 (Around Okinawa on Route 58: from airport to Nago) Bus# 111 & 117 (Highway Bus: Ishikawa IC – Naha Airport)

- Bus Navi Okinawa (Bus route finder)
   https://www.busnavi-okinawa.com/top/Transit
- Route Finder Okinawa
   http://www.routefinder-okinawa.com/search?Lang=en
- How to ride on a local bus
   <a href="http://okinawabus.com/en/rb/rb\_userguide/rb\_ridemethod/">http://okinawabus.com/en/rb/rb\_userguide/rb\_ridemethod/</a>



Closest bus stop: <u>大学院大学前</u>
Daigakuin daigaku mae

- Taxi services <a href="https://www.oist.jp/taxi-service-near-oist">https://www.oist.jp/taxi-service-near-oist</a>
- Okito Kohtsu/沖東交通 (English operator Toll free 0120-23-5477 and App available)
- Ishikawa Taxi (Japanese Only)
- App (Japan Taxi)



## Drive in Japan

- DO NOT drink and drive
   https://groups.oist.jp/living-guide/drunk-driving
- No mobile phone while driving.
   "Using a smartphone while driving" is prohibited by Law.
- Have a valid automobile Insurance





In any case emergency/accident, please report to...

- 1. Police 110
- 2. OIST HELPLINE 098-966-8989
- 3. Student Affairs Section 098-966-2271 or gs-emergency@oist.jp



### **Attendance Record**

Please visit the <u>website (https://groups.oist.jp/grad/research-intern-materials)</u> and download an Attendance Record. You need to <u>submit it at the end of each month</u> with you and your Prof's <u>signature</u>.

\* You will receive a monthly reminder at the end of month.

If you work remotely (work from home) for special reason, you shall be instructed submission method at the time.

Submission Deadline is very strict. Please note that your submission

delay causes a payment delay. Basically your internship allowance

will be paid at the end of the following month.

C					D	a und o				
				Attend	ance Rec	orus				
				Aug	ust, 20	11				
					Research Intern			Supervisor		
Unit		Unit			Name signature/seal			Name signature/seal		
					Home			Signatar cy Scar	, and	Signatar cy sear
Date	Day	Check	Internship Hours	Remarks	Date	Day	Check	Inter	nship Hours	Remarks
1	Mon				16	Tue				
2	Tue			, v	17	Wed				
3	Wed			- 10	18	Thu				A 5
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6	Sat				21	Sun				
7	Sun				22	Mon				
8	Mon				23	Tue				
9	Tue				24	Wed				
10	Wed			, y	25	Thu				Last Day
11	Thu			4.	26	Fri				
12	Fri				27	Sat				
13	Sat				28	Sun				
14	Sun				29	Mon				
15	Mon				30	Tue			Control of the Contro	

No remote work are allowed!

# Visa Status & Return Flight



#### Visa Status

- Overseas travel from Japan
  Please consult with us first before you start arranging your trip. Those who have "short stay" visa, you may not be able to re-enter Japan.
- Part time job
  You are not allowed to work and earn money in Japan.

### **Your Return Flight**

Please do not change your flight ticket by yourself. Please consult with OIST first if you

wish to change your return flight.

In case you fail to do so, you will be asked to cover the cost up to the air fare.

## Student Housing Management

Housing Management Section, Building and Facilities Management Division, manages housing matter for OIST students and other residentials.

Location: 2F, Engineering Support Building MAP
Open hour: Monday to Friday 9:00-12:00, 13:00-17:00

Student Housing Website:
OIST accommodation for Special Students
<a href="https://groups.oist.jp/bfm/oist-accommodation-special-students">https://groups.oist.jp/bfm/oist-accommodation-special-students</a>



BFM Service Catalog: <a href="https://services.oist.jp/bfmsp">https://services.oist.jp/bfmsp</a>

Request for BFM services (Lamp replacement, Pest control, OIST Driver's License, Parking Tag, etc.)

Housing Issue	Section	E-mail address
On-campus housing information, Moving procedure, Room allocation process, Furniture and home appliances and dishes,	Housing Management Section	student-housing@oist.jp
Fire insurance, Physical housing (damage to a property) & Air conditioner issue	Village Office	village_office@gojin.co.jp

## Housing Rules

### **★**Keep your room clean

Please clean your room regularly.



### **★**Housing Security

Please lock the front door when you leave your apartment.



★OIST staff may enter your apartment (only common area) for the purpose of maintenance while your absence.

#### **★**No Guest

You are not allowed to have guests staying over night.



**★**No Smoking **★**No Pet



- **★**Check your mailbox regularly
- **★**Please dispose of trash by following the rules How to dispose of trash



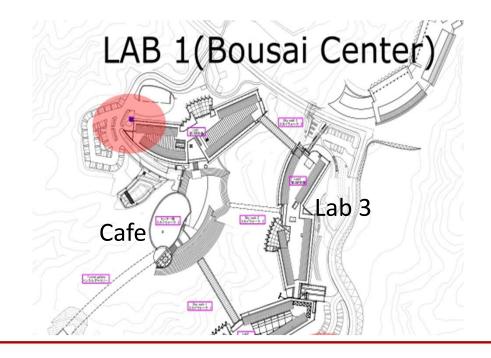
# Housing Tips

Keep the air conditioner on.
 especially after you have visited the municipal office





# Smoking Area





#### **OIST Resource Center**

### OIST resource center provides daily life support to all staff and students and their family members

#### Service

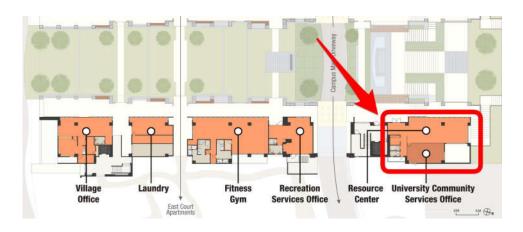
- Credit Card application
- Obtaining a mobile phone or SIM card
- **Driver's License conversion process**
- Car related issues
- Bank related issues
- Taxi/Restaurant Reservations

- Shipping/Disposal of goods
- Garbage issues
- Ordering goods from internet
- Mail and package redelivery
- Local bus route
- Family Member Access Card ... and more!

#### Location

Village center, University Community Service Office

Web: https://groups.oist.jp/resource-center



#### Office hours, Contact info



Monday to Friday 9:00-12:00, 13:00-17:00



resourcecenter@oist.jp



098-982-3540





### **Health Center**

### -Offers Preventive Health Care-

Location: Room B236, Level B Center Building

Business Hours: 9:30am - 5:00pm, Monday - Friday

Contact TEL: 098-966-8945 E-mail: health@oist.jp

#### **Services**

- Regular Health Checkup
- Specific Health Screening
- Health consultation
- Appointment arrangement with external clinic/hospital
- Health Information
- Hygiene Measures
- Emergency Response
- CPR+AED training
- First Aid (when OIST Clinic is closed)

Feel free to contact Health Center at <a href="health@oist.jp">health@oist.jp</a> or stop by anytime Health Center <a href="health-center-base">Home Page</a>



# Ganjuu Wellbeing Services

#### **Services**

Offer consultation, advice and intervention in relation to range of problems that may impact on wellbeing within and outside of the workplace.



Darren GEORGE (Clinical Psychologist)



Kaori Itokazu (Counselor)



Hayley Rose (Clinical or Counselling Psychologist)

**Location:** Lab 4, Level C **Hours:** 9:00am - 5:30pm, Monday-Friday

URL: <a href="https://groups.oist.jp/ganjuu">https://groups.oist.jp/ganjuu</a>

**TEL**: 098-982-3327 **E-mail**: <u>ganjuu@oist.jp</u>

# Library



Location: Center Building, Level B

Open Hours: 9:00am-5:30pm, Monday-Friday

Access to online journals and e-books.

24-hour Library Access can be requested.

#### **Contact**

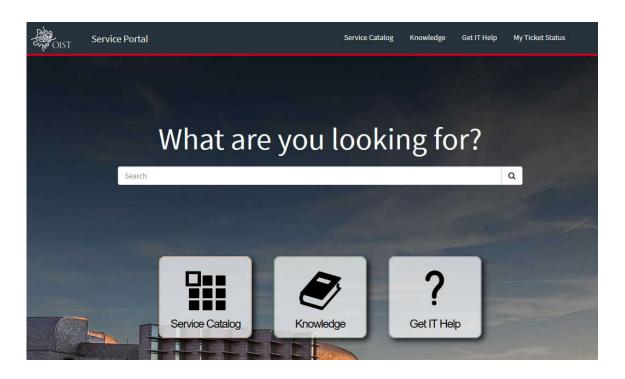
**TEL**: 098-966-8436 **E-mail**: <u>library@oist.jp</u>

**URL:** <a href="https://groups.oist.jp/library">https://groups.oist.jp/library</a>

## IT Support

Location: Level B, Lab 2, Room B661

IT Service Portal: <a href="https://oistdev.service-now.com/sp">https://oistdev.service-now.com/sp</a>



#### Service

- How to set up devices
- Internet Network
- Printer

- Desk Phone
- Software
- Room reservation system

### How to Get Involved at OIST



#### TIDA URL: <a href="https://tida.oist.jp/">https://tida.oist.jp/</a>

• Provides various information about the whole OIST community (ex: lectures, events, sale and buy, special deals, news articles, OIST rules/guidelines, directory, etc.)

### **OIST Teatime (Suspended)**

• Every Thursday @ 4pm; Restaurant, Center Building – Great way to socialize and interact

#### University Community Services URL: <a href="https://groups.oist.jp/csd">https://groups.oist.jp/csd</a>.

- •Child Development Center
- **•**Diversity Community Services, etc.



### **Recreation Services Section**

URL: https://groups.oist.jp/recreation

Email: recreation-services@oist.jp

Fitness Gym

• Clubs at OIST, etc.



## Language Education Section

Location: Level B, Lab 2

**URL:** <a href="https://groups.oist.jp/csd/language-section">https://groups.oist.jp/csd/language-section</a>

Semester 1: September ~ December

Semester 2: January ~ April

Semester 3: May ~August

• Japanese Courses

English Courses



# **Enjoy Your Study at OIST!**

If any questions, please feel free to contact us.

E-mail: gs-support@oist.jp

**Student Affairs Section** 



Next:

Academic orientation by Academic Affairs Section

