

A visualization of cosmic inflation. On the left, a dense, tangled web of orange and yellow filaments represents the early universe's structure. A bright, glowing orange and yellow cone of light expands from the center towards the right, where it illuminates a vast field of distant galaxies. The galaxies are depicted as small, colorful spheres in various colors (blue, green, red, yellow) against a dark background, representing the universe's expansion.

Inflation in String Theory

Lecture 2

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From the first lecture ...

Tensor Perturbations

- Quadratic action for $\delta g_{ij} = a^2 h_{ij}$: $S_{(2)} = \frac{M_P^2}{8} \int d\tau d^3x a^2 \left[(h'_{ij})^2 - (\nabla h_{ij})^2 \right]$

- In terms of the canonically normalized polarization modes:

$$v_{\vec{k},\gamma} \equiv \frac{a}{2} M_P h_{\vec{k},\gamma} \quad \gamma = 1, 2$$

- The action reads: $S = \sum_{\gamma} \frac{1}{2} \int d\tau d^3k \left[\left(v'_{\vec{k},\gamma} \right)^2 - \left(k^2 - \frac{a''}{a} \right) \left(v_{\vec{k},\gamma} \right)^2 \right]$

- For an approximate dS background:

$$P_T = 2P_h = \frac{4}{k^3} \frac{H^2}{M_P^2} \Rightarrow$$

2 polarizations

$$\Delta_h^2(k) \equiv \frac{k^3}{2\pi^2} P_h(k) = \frac{2}{\pi^2} \frac{H^2}{M_{\text{pl}}^2}$$

Tensor Perturbations

- Tensor tilt: $n_t \equiv \frac{d \ln \Delta_h^2}{d \ln k} = -2\varepsilon$ (consistency condition)

- Tensor-to-scalar ratio: $r \equiv \frac{\Delta_h^2}{\Delta_{\mathcal{R}}^2} \Rightarrow \frac{H}{M_{\text{pl}}} = \pi \Delta_{\mathcal{R}}(k_*) \sqrt{\frac{r}{2}}$

direct probe of inflation scale

- On substituting $\Delta_{\mathcal{R}}(k_*) = 4.7 \times 10^{-5}$ (measured)

$$E_{\text{inf}} \equiv (3H^2 M_{\text{pl}}^2)^{1/4} = 8 \times 10^{-3} \left(\frac{r}{0.1} \right)^{1/4} M_{\text{pl}}$$

GUT scale physics

Lyth Bound

- Tensor-to-scalar ratio: $r \equiv \frac{P_T}{P_S} = \frac{8}{M_P^2} \left(\frac{\dot{\varphi}}{H} \right)^2 = \frac{8}{M_P^2} \left(\frac{d\varphi}{dN} \right)^2$

- The inflaton field range: $\frac{\Delta\varphi}{M_P} = \int \sqrt{\frac{r(N)}{8}} dN$

- r cannot change greatly (at least for single-field slow-roll):

$$\frac{d}{dN} \log r = - \left[(n_s - 1) + \frac{r}{8} \right] \Rightarrow \frac{\Delta\varphi}{M_P} = N_{\text{eff}} \sqrt{\frac{r_*}{8}} \quad (\text{HW})$$

- Taking a conservative estimate $N_{\text{eff}} \gtrsim 30$ (while typically $N_{\text{eff}} \gtrsim 50$)

$$\Delta\varphi \gtrsim \left(\frac{r}{0.01} \right)^{1/2} M_P$$

- Example: Chaotic $m^2\varphi^2$ inflation requires $\Delta\varphi = 15M_P$ for $\Delta N = 60$.

Super-Planckian Field Range?

- EFT is sensitive to massive dofs. when $\Delta\Phi > M_P$, consider e.g.,

$$V(\phi, \psi_i) = V(\phi) + \sum_i \left[\Lambda^2 \psi_i^2 + c_4 g_i^2 \phi^2 \psi_i^2 + c_6 g_i^4 \phi^4 \frac{\psi_i^2}{\Lambda^2} + \dots \right]$$

- Mass shifted by $\Delta M \sim \Lambda$ for $\Delta\Phi = \Lambda/g$



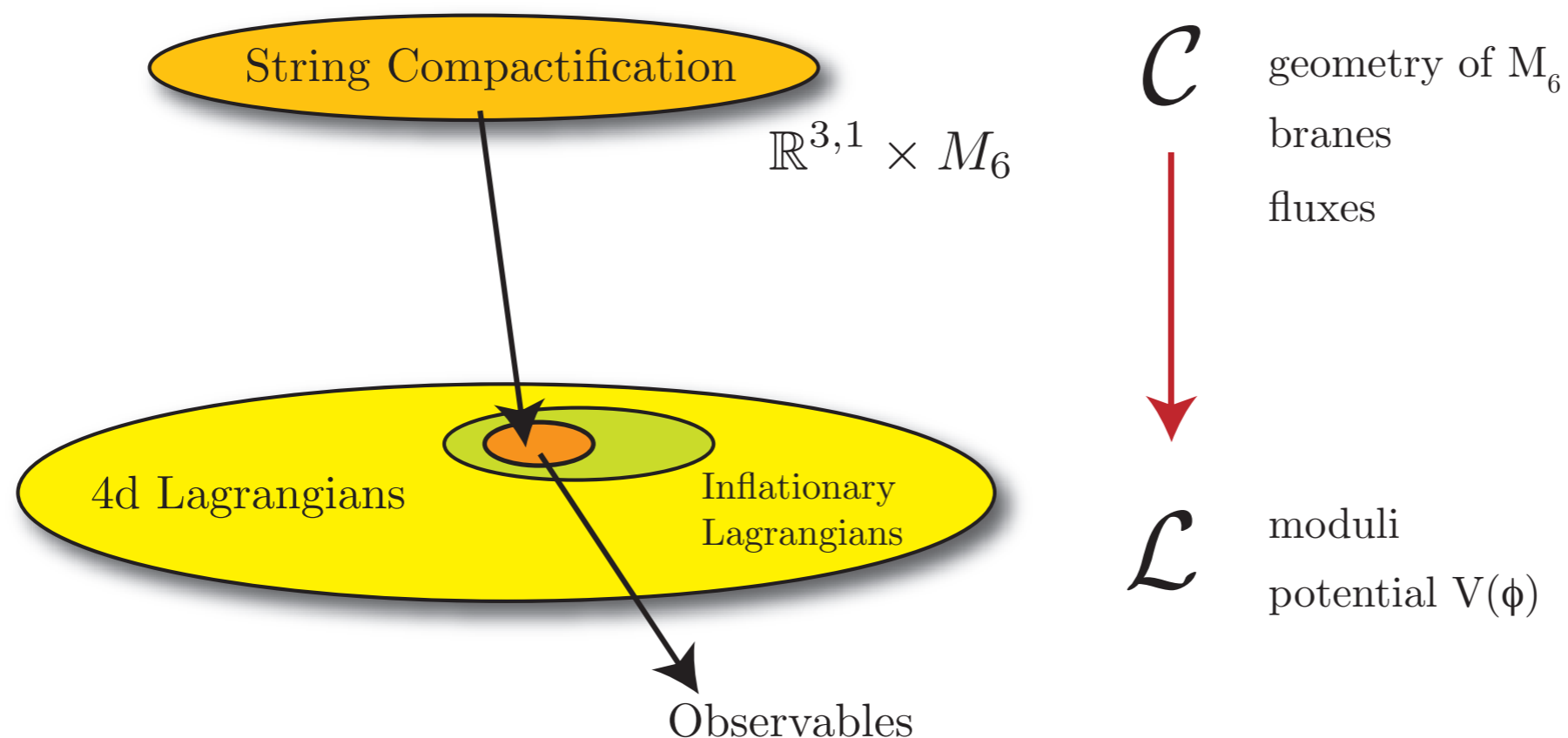
- Super-Planckian field range requires $g \ll \Lambda/M_P$ (weaker than G_N strength)!
- Why does Φ couple so weakly? \rightarrow a question for Planck scale theory!

Small vs Large Field Inflation

- Small Field Inflation $\Delta\Phi < M_P$
 - Unobservable tensors ($r \ll 0.01$)
 - dim-6 Planck suppressed operator O_6/M_P^2 can give $\Delta\eta \sim 1$
 - higher-dim. operators are harmless as $\Delta\eta \lesssim (\Delta\Phi/M_P)^{\Delta-6} \ll 1$
 - can systematically enumerate all O_Δ with $\Delta \geq 6$ and balance them against each other (tuning)
- Large Field Inflation $\Delta\Phi > M_P$
 - Detectable tensors ($r \gg 0.01$)
 - O_Δ becomes more and more important for larger Δ
 - enumeration is hopeless, need a powerful *symmetry!*

Lecture 2

Inflation in String Theory



- Inflation is UV sensitive in any case!
- Though string inflation \subset inflation, some models/signatures would not have been uncovered if not \because string theory, e.g., unusual $V(\Phi) \sim \Phi^{\sqrt{28-2}}$, DBI inflation, NG, cosmic strings, oscillations in power/bi-spectrum, ...
- Is there a swampland beyond the landscape? (Lecture 4)

Inflation in String Theory

- Embedding inflation in string theory requires understanding fully moduli stabilization & its effects on 4D EFT: difficult task!
- Two approaches to inflation in string theory:

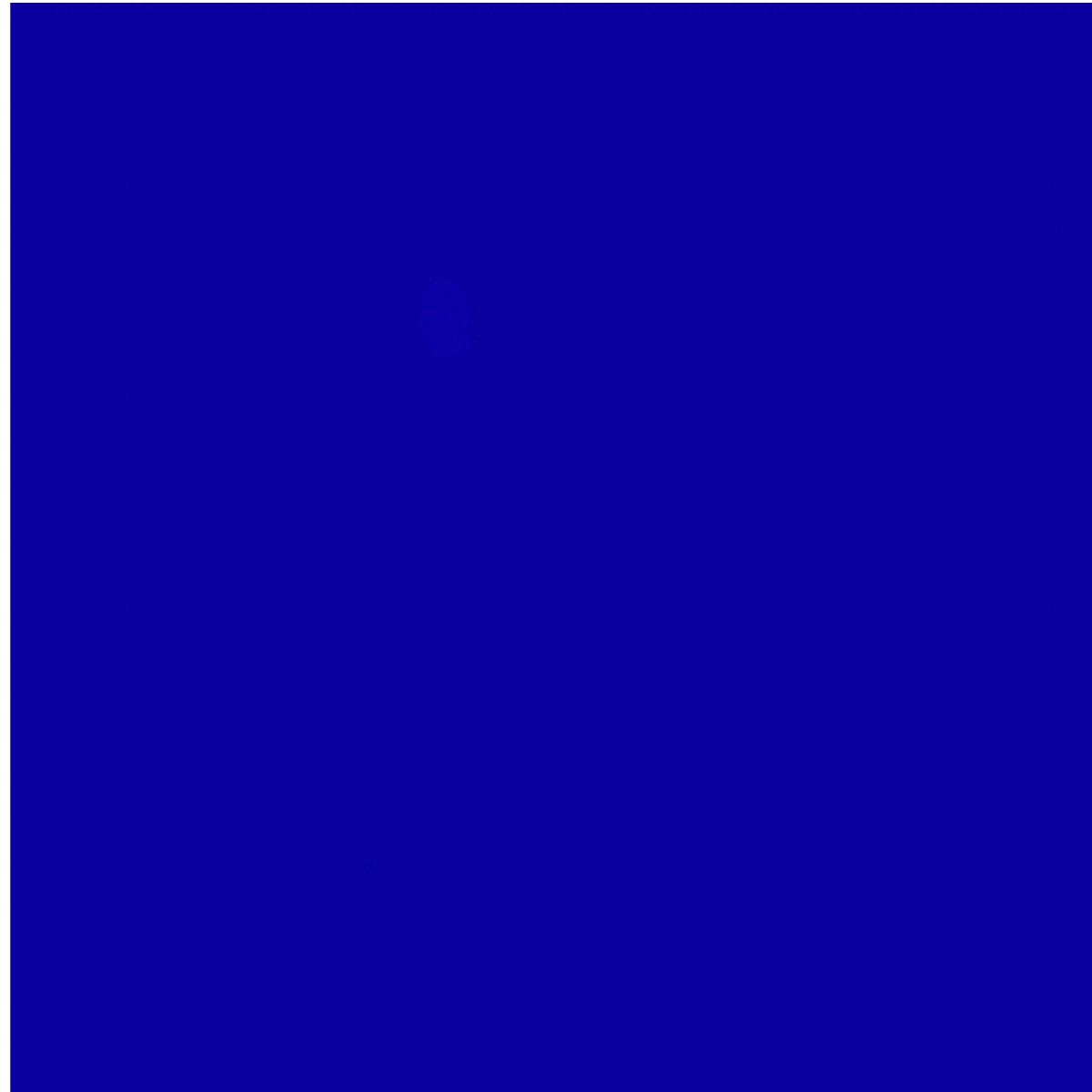


Compute the inflaton action by brute force, in a tractable example



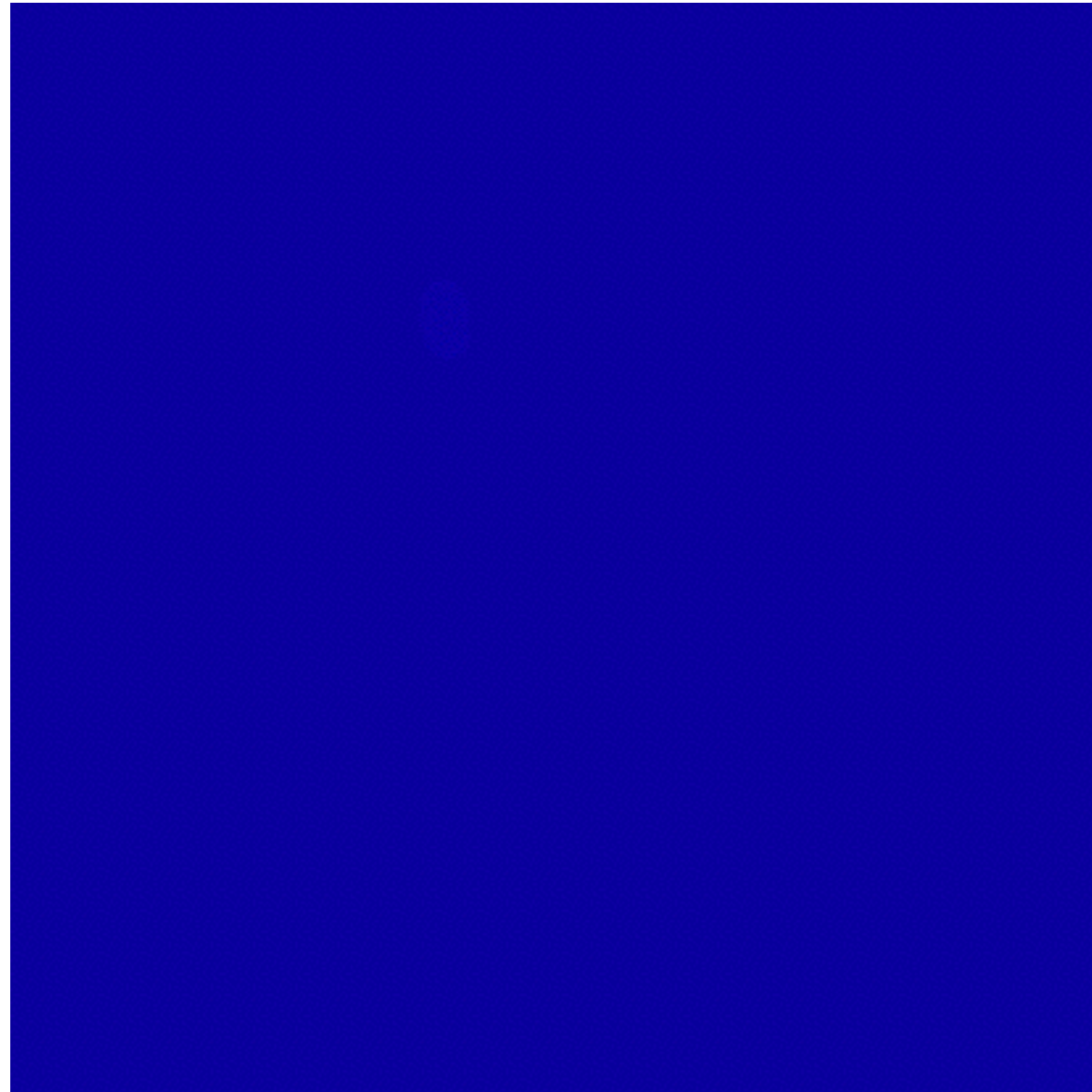
Find a symmetry that simplifies the task

D3-brane Inflation



[Dvali and Tye]; [Burgess, Majumdar, Nolte, Quevedo, Rajesh, Zhang]; [Dvali, Shafi, Solganik]; [Shiu, Tye]; [Kachru, Kallosh, Linde, Maldacena, McAllister, Trivedi] and many others.

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D-brane Inflation

- A specific (and tractable) example of small-field inflation
- **Inflaton:** can be an **open string** or **closed string** scalar
- **Type IIB strings on a CY 3-fold with O3/O7-planes (easy lift to F-theory)**, promising choice: ϕ = D3-brane position **[Dvali, Tye]**
- 10D SUGRA action contains the bulk terms:

$$S_{\text{IIB}} = \frac{1}{2\kappa^2} \int d^{10}X \sqrt{-G_E} \left[R_E - \frac{|\partial\tau|^2}{2(\text{Im}(\tau))^2} - \frac{|G_3|^2}{2\text{Im}(\tau)} - \frac{|\tilde{F}_5|^2}{4} \right] \\ - \frac{i}{8\kappa^2} \int \frac{C_4 \wedge G_3 \wedge \bar{G}_3}{\text{Im}(\tau)} .$$

where

$$G_3 \equiv F_3 - \tau H_3 \qquad \tilde{F}_5 = F_5 - \frac{1}{2} C_2 \wedge H_3 + \frac{1}{2} B_2 \wedge F_3 \\ \tau \equiv C_0 + i e^{-\Phi}$$

Warped Compactification

- This bulk action is supplemented by $S_{\text{localized}}$ (more later).
- This is leading SUGRA, of course, $\exists g_s, \alpha'$ corrections.
- Compactification on a warped CY, e.g., [Giddings, Kachru, Polchinski]:

$$ds^2 = e^{-6u(x)} e^{2A(y)} g_{\mu\nu} dx^\mu dx^\nu + e^{2u(x)} e^{-6A(y)} \hat{g}_{mn} dy^m dy^n$$

the *breathing mode* $u(x)$ is defined s.t. kinetic terms don't mix, and

\hat{g} = a CY metric, A = warp factor

- For moduli *dynamics*, need a better ansatz to solve the Einstein constraint equations [Shiu, Torroba, Underwood, Douglas (STUD)]:

$$ds^2 \rightarrow ds^2 + 2e^{2A(y)} (\partial_\mu \partial_\nu u^I(x) K_I(y) dx^\mu dx^\nu + \partial_\mu u^I(x) B_{mI} dx^\mu dy^m)$$

Background Solutions

- For our purpose, the simpler ansatz suffices. We also take:

$$\tilde{F}_5 = (1 + \star_{10}) d\alpha(y) \wedge dx^0 \wedge dx^1 \wedge dx^2 \wedge dx^3$$

- In general, compact warped solutions are not easily found.
- For IIB flux compactification, Bianchi id. for α + trace of EE:

$$\begin{aligned} \nabla^2 \left(e^{4A} - \alpha \right) = & \frac{e^{8A}}{24 \text{Im}(\tau)} |iG_3 - \star_6 G_3|^2 + e^{-4A} |\partial(e^{4A} - \alpha)|^2 \\ & + 2\kappa^2 e^{2A} (\mathcal{J}_{\text{loc}} - \mathcal{Q}_{\text{loc}}) , \end{aligned}$$

where $\mathcal{J}_{\text{loc}} \equiv \frac{1}{4} \left(\sum_{M=4}^9 T^M_M - \sum_{M=0}^3 T^M_M \right)_{\text{loc}}$ stress-energy tensor
from localized sources

- One finds solutions if the BPS-like condition is satisfied:

$$\mathcal{J}_{\text{loc}} \geq \mathcal{Q}_{\text{loc}} \quad \text{saturated by D3, O3, \& D7 on calibrated } \Sigma_4$$

ISD Compactification

- If all sources satisfy the inequality, the 3-form flux is ISD:

$$\star_6 G_3 = i G_3 , \quad e^{4A} = \alpha$$

and all localized sources saturate $\mathcal{J}_{\text{loc}} \geq \mathcal{Q}_{\text{loc}}$

- We refer to these solutions as **ISD compactifications**.
- $u(x)$ is unconstrained, and the moduli space \mathcal{M} of D3 =CY.
- The action for the localized sources: $S_{\text{localized}} = S_{\text{DBI}} + S_{\text{CS}}$

$$S_{\text{DBI}} = -g_s T_p \int d^{p+1} \sigma e^{-\Phi} \sqrt{-\det(G_{ab} + \mathcal{F}_{ab})} ,$$

$$S_{\text{CS}} = i \mu_p \int_{\Sigma_{p+1}} \sum_n C_n \wedge e^{\mathcal{F}}$$

ISD Compactification

- The induced metric on the D3-brane:

$$G_{ab} = \frac{\partial x^M}{\partial \xi^a} \frac{\partial x^N}{\partial \xi^b} g_{MN} \quad \text{where } M, N = 0, \dots, 9, \text{ and } a, b = 0, \dots, 3$$

- For homogeneous config., the localized source terms give:

$$\mathcal{L}_{DBI+CS} = -T_3 e^{4A-12u} \sqrt{1 - e^{8u-4A} \hat{g}_{mn} \dot{y}^m \dot{y}^n} + T_3 \alpha e^{-12u}$$

- For low velocities: $\mathcal{L}_{DBI+CS} = -T_3 (e^{4A} - \alpha) e^{-12u} + \frac{1}{2} T_3 \hat{g}_{mn} \dot{y}^m \dot{y}^n e^{-4u}$
- Define: $\Phi_{\pm} \equiv e^{4A} \pm \alpha$ and $\phi^m = \sqrt{T_3} y^m$ (mass dim. 1)
- For $\Phi_- = 0$ (ISD soln), we have $V(\phi) \equiv 0$, D3 moves freely in CY.

4D SUGRA

- Package these results in terms of 4D N=1 SUGRA data:

$$W_0 = \frac{c}{\alpha'} \int G_3 \wedge \Omega \quad \text{[Gukov-Vafa-Witten]}$$

$$K_0 = -2 \ln(\mathcal{V}) - \ln(-i(\tau - \bar{\tau})) - \ln\left(-i \int \Omega \wedge \bar{\Omega}\right)$$

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- For $h^{1,1}=1$, $\mathcal{V} = (T + \bar{T})^{3/2} \Rightarrow -2 \ln \mathcal{V} \rightarrow -3 \ln(T + \bar{T})$

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- For $h^{1,1}=1$, $\mathcal{V} = (T + \bar{T})^{3/2} \Rightarrow -2 \ln \mathcal{V} \rightarrow -3 \ln(T + \bar{T})$
- The scalar potential enjoys a **no-scale property**:

$$V_F = e^{K_0} \left[K_0^{I\bar{J}} D_I W_0 \overline{D_J W_0} - 3|W_0|^2 \right] \quad \text{with} \quad W_0 = W_0(\zeta_\alpha, \tau)$$

$$\sum_{I,J=T_i} K_0^{I\bar{J}} \partial_I K_0 \partial_{\bar{J}} K_0 = 3 \quad \Rightarrow \quad V_F = e^{K_0} \sum_{I,J \neq T_i} K_0^{I\bar{J}} D_I W_0 \overline{D_J W_0}$$

No-scale Structure

- D3-branes enter the Kahler potential as:

$$K(T, \bar{T}, z_\alpha, \bar{z}_\alpha) = -3 \ln \left[T + \bar{T} - \gamma k(z_\alpha, \bar{z}_\alpha) \right] \quad \nabla_\alpha \bar{\nabla}_\beta k = g_{\alpha\bar{\beta}}$$

- The scalar potential remains no-scale **(homework)**:

$$\sum_{I, J = T_i, z_\alpha} K_0^{I\bar{J}} \partial_I K_0 \partial_{\bar{J}} K_0 = 3$$

- What about I=axio-dilaton τ & complex-structure moduli ζ_α ?

$$D_I W_0 \equiv \partial_I W_0 + (\partial_I K) W_0 = 0, \Rightarrow \quad G_3|_{(3,0)} = 0, \quad G_3|_{(1,2)} = 0.$$

By eq. counting, τ and ζ_α ($\alpha=1, \dots, h^{1,2}$) are all generically stabilized.

- At tree-level SUGRA, $V_{\min}=0$ though $W \neq 0$ (generically), SUSY is generically broken for all $T < \infty$.

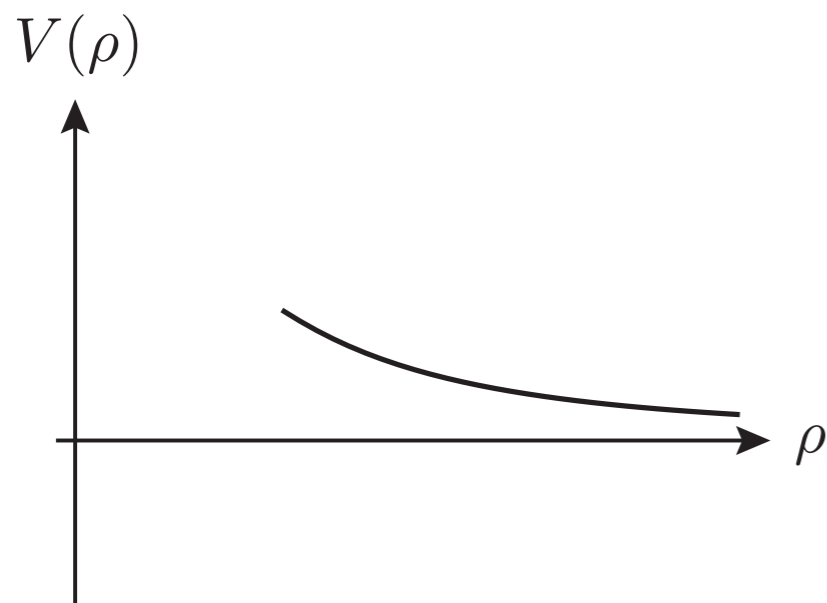
Flat Direction & Runaway

While \exists (generically) vacua where τ and ζ_α receives a potential, T does not but for a good reason:

$$T = \int_{\Sigma_4} \sqrt{g} + i \int_{\Sigma_4} C_4 \quad C_4 \rightarrow C_4 + \text{const. is a sym.}$$

This is a flat direction in **no-scale compactification**

**Adding any SUSY breaking sources (IASD flux, or anti D3-brane),
→ decompactification instability, e.g.,**



$$V_{\overline{D3}} = T_3 e^{-12u} \Phi_+ \neq 0$$

$$V_{D3} = T_3 e^{-12u} \Phi_- \neq 0 \text{ if non-ISD flux}$$

V=0 only at $u=\infty$ (runaway)!

Stabilizing the Volume

$W \supset T^\alpha$ is forbidden because of the shift symmetry but:

1. $W_{\text{NP}} = e^{-T}$ is allowed
2. K_P can receive corrections, no longer no-scale $\Rightarrow V(T)$, e.g.,
 - leading $\alpha'^3 \zeta(3) R^4$ term gives upon dim reduction:

$$K = -2 \ln (\mathcal{V} + \zeta(3) \chi(\mathcal{M})) \quad [\text{Becker, Becker, Hack, Louis}]$$

- other α' corrections to K [Garcia-Etxebarria, Hayashi, Savelli, GS]; [Junghans, GS]; [Minasian, Pugh, Savelli]; ...

Depending on W_0 :

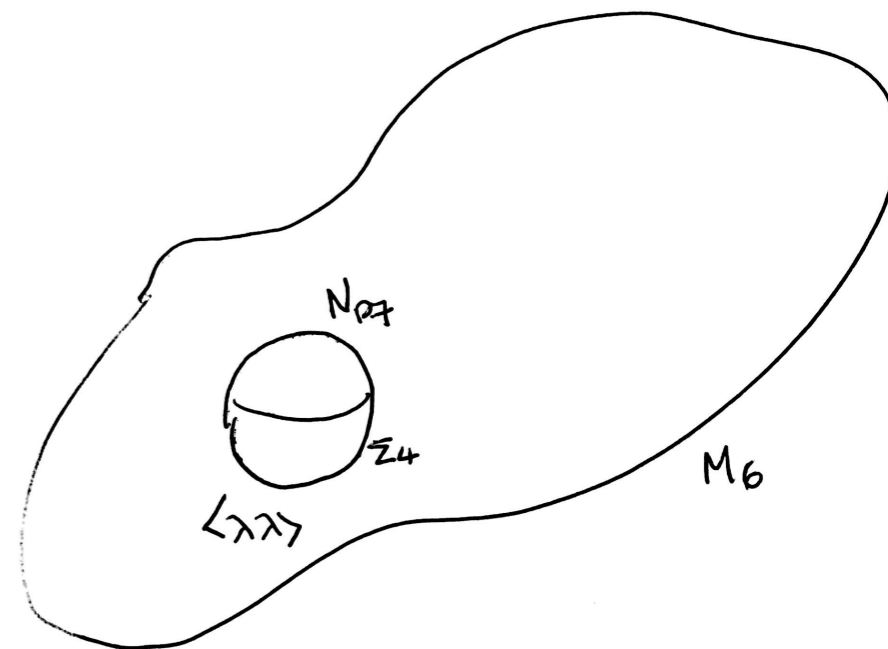
- $W_0 \ll 1$: W_{NP} dominates [Kachru, Kallosh, Linde, Trivedi] (KKLT)
- $W_0 \simeq 1$: K_P dominates [Balasubramanian, Berglund, Conlon, Quevedo] (LVS)

Non-Perturbative W

Consider N D7 on Σ_4 (holomorphic)

Deformations on $\Sigma_4 \Leftrightarrow$

adj. matter in 4D N=1 SYM on D7



If Σ_4 is rigid, D7-theory is pure glue N=1 SYM;
at low energies, confines and generates a $\langle \lambda \lambda \rangle$ W:

$$W = M_{UV}^3 \exp \left(-\frac{8\pi}{g_{YM}^2} \frac{1}{C_2(G)} \right) \text{ where } C_2(G) = N \text{ for } \text{SU}(N)$$

HW: $\frac{8\pi}{g_{YM}^2} = T_3 \int_{\Sigma_4} d^4 \xi \sqrt{g_4^{\text{induced}}} e^{-4A} \equiv T_3 V_4^W \Rightarrow W = e^{-T_3 V_4^W} \frac{1}{N_{D7}}$

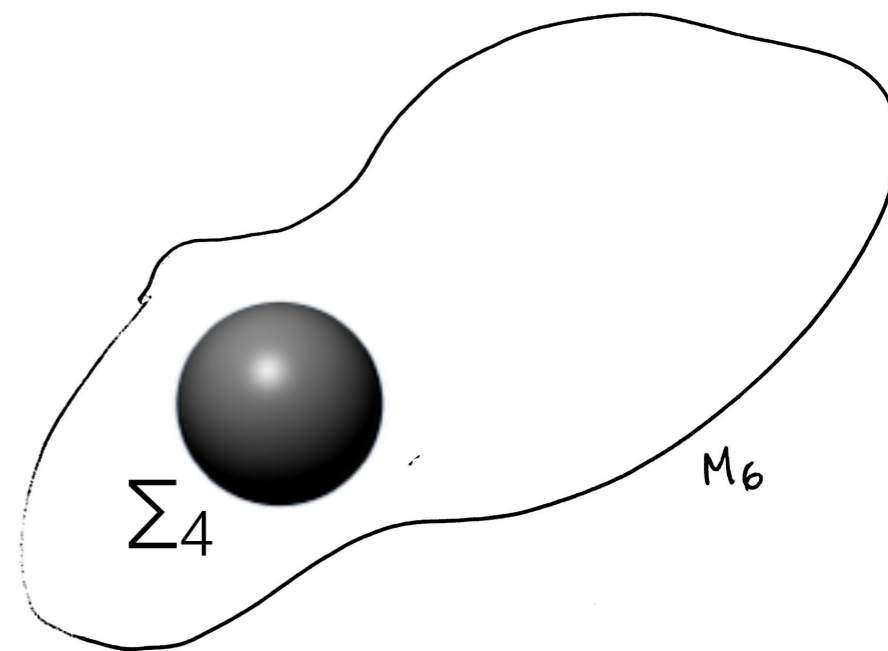
Non-Perturbative W

Similar contribution from ED3

$$W = e^{-T_3 V_4^W}$$

Identifying

$$T_3 V_4^w = 2\pi T$$



(long story to show this is a good Kahler coordinate,
see e.g., [Baumann et al];[Chen, Nakayama, GS])

Either case, we can write: $W = W_0 + e^{-aT}$

$\partial_T W \neq 0$ no-scale is spoiled

Generically solution: $D_T W = 0$ at $T = T_*$ (SUSY minima)

Single vs Multi-Field

Natural question: can ϕ_{D3} be the inflaton?

After all, $V(\phi)=0$ at leading order.

Can this picture be realized upon stabilization of T ?

Mass of ϕ is much lower than that of τ & ζ_α but can be comparable to that of T

- Can tune $m_T \gg m_\phi$, or
- study 2-field inflation

